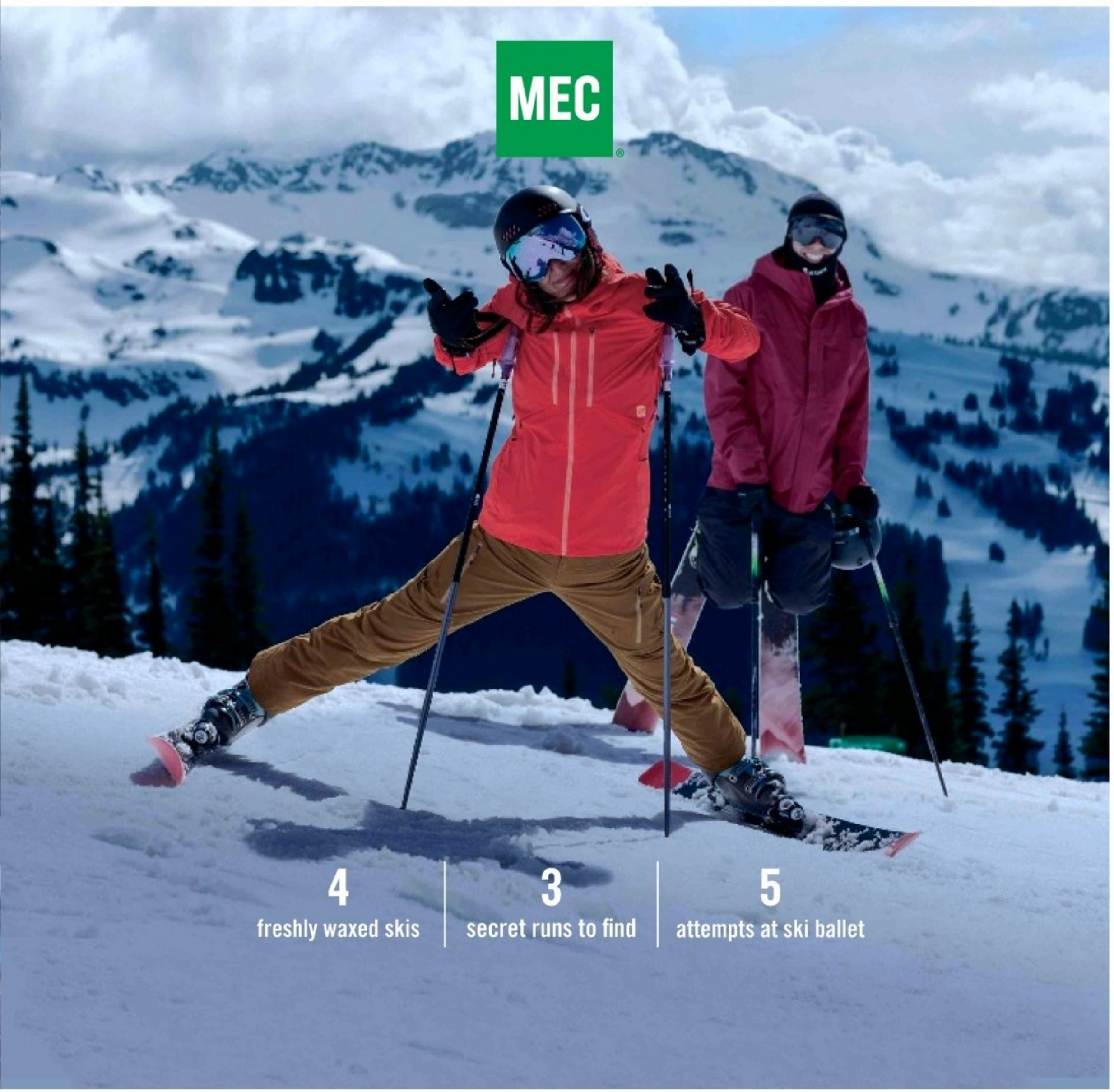
OPEN NEXT WEEK IN NORTH YORK

Toronto metro

THURSDAY, NOVEMBER 24, 2016



ALL-NEW 2016 MALIBU

EG: 20% OF MSRP = UP TO $7,279 CASH CREDIT*

BASED ON MALIBU PREMIER WITH MSRP OF $36,395

2016 TRAX

EG: 20% OF MSRP = UP TO $6,079 CASH CREDIT*

BASED ON TRAX LTZ FWD WITH MSRP OF $30,395

ALL-NEW 2016 CRUZE

EG: 20% OF MSRP = UP TO $5,469 CASH CREDIT*

BASED ON CRUZE PREMIER WITH MSRP OF $27,345

CRUZE PREMIER RS MODEL SHOWN

2016 SILVERADO 1500

EG: 20% OF MSRP = UP TO $13,465 CASH CREDIT*

BASED ON SILVERADO 1500 HIGH COUNTRY WITH MSRP OF $67,325

OR ASK ABOUT WE PAY UNTIL 2017**

WE'LL MAKE YOUR LEASE PAYMENTS UP TO $600 MONTHLY UNTIL 2017. SEE DEALER FOR DETAILS.

ALL CHEVROLET'S COME WITH

CHEVROLET COMPLETE CARE

- **2** YEARS/40,000 KM COMPLIMENTARY OIL CHANGES***
- **5** YEARS/160,000 KM POWERTRAIN WARRANTY▲
- **5** YEARS/160,000 KM ROADSIDE ASSISTANCE▲

Prices do not include applicable taxes or PPSA. Consumers may be required to pay up to $799 for Dealer fees. For the latest information, visit us at ontariochevroletdealers.ca, drop by your local Chevrolet Dealer or call us at 1-800-GM-DRIVE. **Offer valid November 1 to November 30, 2016 on cash purchases of select Chevrolet vehicles from dealer inventory delivered by November 30, 2016. Applies to eligible inventory as of November 1, 2016. Offer includes new and dealer demonstrator Chevrolet vehicles: (2016 Spark (excluding LS), Sonic, Malibu (excluding L), Cruze Sedan, Impala, Trax, Silverado 1500, Silverado HD, Colorado (excluding 2SA), Tahoe, Suburban; 2016 exclusions are Volt, Camaro, Corvette, Equinox, Traverse) and eligible 2017 vehicles are Traverse, Equinox. Not compatible with special lease and finance rates. Credit is tax exclusive and is calculated on vehicle MSRP, excluding any dealer-installed options. By selecting lease or finance offers, consumers are foregoing this cash credit which will result in higher effective cost of credit on their transaction. Dealer may sell for less. Offer may not be redeemed for cash and may not be combined with certain other consumer incentives. Certain limitations or conditions apply. Void where prohibited. See dealer for details. Freight & PDI ($1,700/ $1,650/ $1,600/ $1,700/ $1,695), registration, air levies, tire levies and OMVIC fees, insurance, licence, PPSA, dealer fees and applicable taxes not included in the MSRP on which the Black Friday Event Cash Credit offers are calculated. Offers apply as indicated to 2016 (2017 Equinox) new or demonstrator models of the vehicle equipped as described. Offers apply to qualified retail customers in the Ontario Chevrolet Dealer Marketing Association area only (including Outaouais). Dealers are free to set individual prices. Quantities limited (2016 models); dealer trade may be required. Limited time offers which may not be combined with other offers. GM Canada may modify, extend or terminate offers in whole or in part at any time without notice. Conditions and limitations apply. See dealer for details. **"We Pay Until 2017" offer valid at participating dealers to qualified retail lessees O.A.C. in Canada who enter into a lease agreement with GM Financial and who accept delivery between October 1, 2016 to January 3, 2017 on eligible new or demonstrator 2016 and 2017 Chevrolet vehicles. Excludes 2016 Impala, Camaro, Volt, Corvette, Equinox, Traverse, Silverado 2500, Silverado 3500, Colorado. Offer is tax- inclusive and offer value depends on vehicle leased. General Motors of Canada Company will pay up to $600 per month for a maximum of 2 months ending January 3, 2017 towards regularly scheduled monthly or biweekly lease payments as defined on the lease agreement (inclusive of taxes and does not include down payment or security deposits). If lease is entered into in October, GM Canada will pay up to $600 per month for three months; if lease is entered into in November, GM Canada will pay up to $600 per month for two months; if lease is entered into between December 1 and January 3, GM Canada will pay up to $600 for one month. If a customer's lease payment is less than $600 per month, GM Canada will not reimburse the difference to the customer. After January 3, 2017, the customer will be required to make all remaining scheduled payments over the remaining term of the lease agreement. [Lessees who accept delivery of a new eligible vehicle with a lease payment of over $600 per month are eligible for a preloaded Lease Cash incentive and value will depend on when delivery takes place (October 1 to October 31, 2016: $1,800 Lease Cash; November 1 to November 30, 2016: $1,200 Lease Cash; December 1 to January 3, 2017: $600 Lease Cash) and Customer's initial lease payments will be paid from the preloaded Lease Cash until such Lease Cash is depleted, after which regular lease payments will ensue.] Customers must be approved to lease through GM Financial. License, insurance, registration, PPSA, excess wear and tear and km changes, applicable taxes, optional equipment, dealer fees, and other applicable fees not included. Other lease options are available. Dealers are free to set individual prices. General Motors of Canada Company reserves the right to modify, extend or terminate this offer, in whole or in part, at any time without prior notice. Conditions and limitations apply. See dealer for details. †The Chevrolet Malibu, Chevrolet Equinox, Chevrolet Silverado HD, and Chevrolet Camaro received the highest numerical scores in their respective segments in the J.D. Power 2016 U.S. Vehicle Dependability Study, based on responses from 33,560 U.S. original owners of 2013 model-year vehicles after three years of ownership about problems experienced in the past 12 months, surveyed in October-December 2015. Your experiences may vary. Visit jdpower.com The Chevrolet Spark, Chevrolet Equinox (tie), Chevrolet Silverado HD and LD, and Chevrolet Tahoe received the lowest number of problems per 100 vehicles in their respective segments in the J.D. Power 2016 U.S. Initial Quality Study, based on 80,157 total responses, evaluating 245 models, and measures the opinions of new 2016 U.S. vehicle owners after 90 days of ownership, surveyed in February-May 2016. Your experiences may vary. Visit jdpower.com. ***The 2-Year Scheduled Lube-Oil-Filter Maintenance Program provides eligible customers in Canada, who have purchased, leased or financed a new eligible 2016 MY Chevrolet, Buick, or GMC vehicle (excluding Spark EV), with an AC Delco oil and filter change, in accordance with the oil life monitoring system and the Owner's Manual, for 2 years or 48,000KMs, whichever occurs first, with a limit of four (4) Lube-Oil-Filter services in total, performed at participating GM Dealers. Fluid top offs, inspections, tire rotations, wheel alignments and balancing, etc. are not covered. This offer may not be redeemed for cash and may not be combined with certain other consumer incentives available on GM vehicles. GM Canada reserves the right to amend or terminate this offer, in whole or in part, at any time without prior notice. Additional conditions and limitations apply. See dealer for details. ▲Whichever comes first. See dealer for limited warranty details.*

This is what diversity looks like at Queen's

Story metroNEWS + Vicky Mochama metroVIEWS

Toronto metro

NEW SANTA IN TOWN

You *better* not cry

metroNEWS

Your essential daily news | THURSDAY, NOVEMBER 24, 2016 | High 6°C/Low 4°C Rainy

This U of T student from Boston is acting more like a guidance counsellor for friends since the U.S. election

STUDENTS WHO WANT OUT OF TRUMP'S AMERICA LOOK NORTH

metroNEWS

+ Meanwhile, what's the Dalai Lama think of Trump? 'No worries'

Dan Proctor says friends back in the U.S. are asking him how they can study in Canada. EDUARDO LIMA/METRO

Tory wants Airbnb tax

CITY BUDGET

Tax part of mayor's 'bold' plan to build a better Toronto

Mayor John Tory will back a tax applied to all hotels and accommodations, including short-term rentals on websites such as Airbnb, Torstar News Service has learned.

Tory will also support a move to kill a program that offers rebates to owners of vacant commercial and industrial buildings, nearly half of them downtown where property values have skyrocketed, senior city hall sources say.

Tory plans to lay out his "bold" fiscal plan for the future Thursday in a major speech to the Toronto Region Board of Trade that will include additional revenue-generating measures, senior city sources say.

"For too long, we have been under-investing in our city, making life harder for everyone. And that can't go on," Amanda Galbraith, the mayor's chief spokesperson. "The mayor will be standing up and announcing his plan to give us the money we need to build transit and protect city services."

The Greater Toronto Hotel Association opposes any new hotel tax and has warned it will cause job loss, reduction of foreign direct investment in the hotel industry and other economic harm.

The mayor hopes that extending the hotel tax — the rate to be determined — to Airbnb and others offering their homes for short-term rentals will make the fee more palatable to the hotel sector. "This is a fair way to ensure Toronto's popularity with Canadian and international visitors and helps maintain our success as a city," a senior city source said. TORSTAR NEWS SERVICE

We need an honest discussion about the 'T' word in Toronto metroNEWS

WITH AVION® YOU CAN DO IT ALL, ON POINTS.

ANY AIRLINE, ANY FLIGHT, ANY TIME. AVIONERS® CAN DO THAT.

Start Avioning® today with 15,000 Welcome points†. Apply at rbc.com/avion or call 1-800-769-2511

Subject to availability. Some restrictions may apply. For complete terms, visit rbc.com/travelredemption. † To receive the 15,000 bonus RBC Rewards points, your application form must be approved by us. Upon enrolment, 15,000 bonus RBC Rewards points will appear on your first monthly statement. This offer may not be combined or used in conjunction with any other offer. Royal Bank of Canada reserves the right to withdraw this offer at any time, even after acceptance by you. ®/™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada. ‡ All other trademarks are the property of their respective owner(s).

THIS WEEKEND ONLY
BLACK FRIDAY
DEALS FROM $5
PLUS EXCLUSIVE
BLACK FRIDAY COLLECTION
SHOP AS EARLY AS 6AM!
CHECK HM.COM FOR STORE LOCATIONS AND HOURS.
H&M

metro NEWS

Your essential daily news

Lawren Harris painting titled Mountain Forms sets new Canadian art record, selling for $9.5M.

Project shares tales from across the 6ix

Everyday Political Citizens

Stories of Ours celebrates diversity of city's citizens

Luke Simcoe
Metro | Toronto

If you've got a story to tell, Erin Kang wants to hear it.

The 26-year-old community organizer is the founder of Stories of Ours, a grassroots project that collects and shares personal stories from Toronto's diverse population.

"The storytelling scene in Toronto is great and vibrant, but it can be really homogenous," she says.

"We're trying to shake that up; you'll see stories from Colombia, stories from Sudan. It's trying to bridge these different communities."

Kang and her colleagues work with "everyday people who haven't ever spoken in front of a group," and encourage them to share their stories at public events. Their anecdotes are then collected and shared on the Stories of Ours website.

The stories are often personal and some even mundane, but Kang believes the act of sharing them is "unconventionally political."

Erin Kang is the founder of Stories of Ours, a grassroots project that collects and shares the stories of Toronto's diverse population. She says the experience is "empowering" for participants and encourages audience members to rethink their assumptions about marginalized people. TORSTAR NEWS SERVICE FILE

> I think there's strength that can be found by going through the process. Erin Kang

The process is empowering for participants and can be eye-opening for audiences, she said, helping them challenge their conceptions of marginalized people or simply feel empathy for a stranger.

Kang said the project has had a "ripple effect," where participants have gone on to publish books or been invited to speak at other venues.

"A lot of people see themselves as insignificant and that their stories aren't worth telling," she said.

"But I think there's a strength that can be found by going through that process and seeing how much you can affect people."

ABOUT THIS SERIES

EVERY YEAR, Samara Canada's Everyday Political Citizen project honours Canadians making positive changes in their communities.

The winner of the 2016 contest will be announced Dec. 8.

Metro is profiling the seven nominees in the Greater Toronto Area.

REFUGEES

Food banks short on Middle Eastern items

Gilbert Ngabo
Metro | Toronto

Middle Eastern food is in short supply at a GTA food bank serving Syrian refugees.

Chickpeas, halal meat, Arabic cheese and grape leaves are just some of the items the Mississauga Muslim Community Centre is looking for from donors as the number of people looking for help increases.

"These types of food are actually available here in our food stores," said Najam Syed, head of the centre's food bank operations. "It's just that the word hasn't gotten out to donors so they can know what's needed."

As Canada opened the door to more Syrian refugees, the number of people requiring assistance from the centre's food bank crept up and now stands at 210 families, with an average of four to five people per family.

Najam Syed CONTRIBUTED

"Right now, more than 50 per cent of their need is not being met," Syed said. "There's a huge gap in what we are able to provide, both in terms of quantity and the dietary requirements."

PUBLIC TRANSPORTATION

Report details plan for low-income transit

A long-awaited city report to be published on Thursday will detail plans to provide financial relief to 200,000 low-income transit riders by cutting their fares by up to one-third, Torstar News Service has learned.

The report, which will be on the agenda for the mayor's executive committee meeting next week, will outline recommendations for implementing what is being dubbed the "Fair Pass Program."

A partial draft of the document obtained by Torstar News Service recommends Torontonians who make less than 15 per cent above the low income measure be eligible. The discount recommended by city staff is 33 per cent for single adult fares, and 21 per cent for an adult monthly pass.

Clients of the Ontario Disability Support Program or Ontario Works who already receive transit supports wouldn't qualify.

The anticipated cost of the program, which would begin in 2018 and be implemented in three phases, is $48.2 million.

The mayor argued that low-income fares shouldn't be implemented until the TTC completes the switch to the Presto fare card system, which is scheduled for late 2017. TORSTAR NEWS SERVICE

Now borrow up to $15,000 with an Installment Loan.

For pesky bills.

Visit a store for details. moneymart.ca

We can help. Money Mart

Installment loans offered in select provinces only. Loan principal amounts vary between $1,000 and $15,000 based upon income and other qualification requirements, including a credit check. Loan term is based on the amount borrowed. Loans have terms of 12 to 60 months with payments scheduled based on your income deposit dates at the time of loan origination. The APR for the loans is 59.9%. Ask a Money Mart Customer Service Representative for details. MONEY MART® is a registered service mark of National Money Mart Company. © 2016 National Money Mart Company. All rights reserved.

AIRPORT
MAZDA'S
BLACK FRIDAY EVENT
ON NOW THROUGH NOVEMBER 30TH

2016 MAZDA 3
0% PURCHASE FINANCING UP TO 5 YEARS
OR
$2,750 CASH REBATE

2017 MAZDA 5
0% PURCHASE FINANCING UP TO 7 YEARS
OR
$4,000 CASH REBATE

2016 MAZDA CX5
0% PURCHASE FINANCING UP TO 4 YEARS
OR
$2,500 CASH REBATE

0% PURCHASE FINANCING
AND NO PAYMENTS FOR 90 DAYS ON PURCHASE FINANCING OFFERS ON ALL NEW MAZDA MODELS
+ A YEAR END BONUS OF $500 OR WINTER TIRE CREDIT
ON SELECT NEW MAZDA MODELS

HURRY, LIMITED TIME OFFER!

Mazda
CANADA'S ONLY UNLIMITED MILEAGE WARRANTY
STANDARD ON ALL NEW MODELS.
zoom-zoom mazda.ca

Mazda UNLIMITED zoom-zoom

AIRPORT MAZDA
415 Rexdale Blvd., Rexdale, Ont
1-855-706-0648
www.airportmazda.ca

Third year U of T student Dan Proctor says friends back in America are asking him how they can transfer to study in Canada. EDUARDO LIMA/METRO

U.S. students look north to Canada

EDUCATION

University of Toronto reports spike in online traffic

Gilbert Ngabo
Metro | Toronto

As an American citizen studying in Toronto, Dan Proctor is constantly explaining the Canadian way of life to his friends back home.

Now, since Donald Trump's election win, he's also been acting as a guidance counsellor — fielding requests about what it takes to become an international student.

"I have friends who are seriously discussing possibilities of transferring to Canadian universities," said the third year economics and cinema studies student at University of Toronto.

Information from the university backs his claims. A day after Trump's victory, U of T's website for prospective students reported nearly 10,000 American visits — that's about 12 per cent increase from normal traffic.

The school already receives an average of 350 American undergraduate students each year, and there's no reason to think that won't shoot up, said Richard Levin, the school's executive director of enrollment services.

"Students are always looking for a tolerant and inclusive environment to study," he said. "What happened in the election and the discussions there certainly heightened the fear and made Toronto a much more appealing place."

Both UofT and Ryerson confirmed they're increasing recruitment efforts south of the border.

"What's going on there is an opportunity for us to reach further and attract more brilliant brains," said Charles Falzon, dean of Ryerson's faculty of communication and design.

Originally from Boston, Proctor said concerns about what a post-Trump America means are especially real for women, people in the LGBTQ community and people of colour. Many fear the election may have "legitimized" discrimination, he said.

"We've all seen the upswing in the openness of hate crimes and speeches in the U.S. since Nov. 8," he said, referencing the example of a recent conference of white nationalists in Washington, D.C., where people were seen giving the hail Hitler salute and making racist comments. "It's certainly frightening. I'm not surprised that many people would want to get out."

ART

City decides Drake mural can stay

The 6ix God will continue to enjoy unobstructed views of Toronto after all.

The city's municipal and licensing standards department is backing off a decision to take down a mural depicting Drake on a west-end business at 18 Croft St.

A spokeswoman from the department told Metro someone complained about the mural last week, calling it graffiti, and the city sent a letter to the business owner demanding it be removed. The city has now decided "the mural is fine," city spokeswoman Tammy Robbinson said in Wednesday email.

Mural on 18 Croft St.
EDUARDO LIMA/METRO

"The file that was opened when the complaint was received has been closed."

The city was following standard procedure by reaching out to the business owner. Anytime someone complains about graffiti the owner of the building is automatically sent a letter asking that it be removed, Robbinson said.

If the owner does not comply after two weeks, the city sends an officer to inspect the property and, if necessary, issue a violation. In this case, the inspecting officer was sent sooner, after media started enquiring, she said.

Property owner Craig Small told Metro earlier this week it was "shocking" to receive the warning letter since he commissioned the mural himself.

GILBERT NGABO/METRO

TODAY ONLY!

Thursday, November 24

IN STORE AND AT THEBAY.COM

FREE ONLINE SHIPPING ON ORDERS OF $99 OR MORE:

50% off

Women's sweaters by

LORD & TAYLOR
DESIGN LAB
I.N.C INTERNATIONAL CONCEPTS
IMNYC ISAAC MIZRAHI
CALIFORNIA MOONRISE
CALVIN KLEIN
KARL LAGERFELD PARIS
HIGHLINE COLLECTIVE
STYLE&CO.
DEX and more**

Available in assorted styles and colours.

VERO MODA

$23.99

Reg. $48

HUDSON'S BAY

No rain checks and no price adjustments. No pre-orders or telephone orders. Offer available while quantities last. Cannot be combined with other offers. Selection may vary by store. Savings are off our regular prices unless otherwise specified. Excludes Hudson's Bay Company Collection. See in store for details. ***FREE SHIPPING:** Receive free standard shipping on a total purchase amount of $99 or more before taxes. Offer is based on merchandise total and does not include taxes or any additional charges. Free standard shipping is applied after discounts and/or promotion code offers. Offer not valid at Hudson's Bay or any other HBC stores. Additional fees apply for Express or Next Day Shipping. Applies to Canadian delivery addresses only. Excludes furniture, canoes, patio furniture, patio accessories, barbeques and mattresses. ****Women's sweaters** exclude New Spring Arrivals, Lauren Ralph Lauren, Polo Ralph Lauren, The Room, Topshop, NYDJ and items with 99¢ price endings. Other exclusions apply. See store for details.

Time for new taxes: Report

REVENUE

Study says city's financial health depends on new streams

Luke Simcoe
Metro | Toronto

As John Tory prepares to unveil his plan for the city's fiscal future, a new report suggests it's time for an honest discussion about the "T" word in Toronto.

That's right: taxes.

Authored by the Institute for Municipal Finance and Governance at the University of Toronto, the report concludes the financial health of many Canadian cities — Toronto included — will depend on their willingness to adopt new revenue streams.

"If you look at Canadian cities over the last 30 years, a lot has changed in terms of the demands on them," said institute director Enid Slack, noting municipal coffers are straining under the weight of rapid growth and deteriorating infrastructure.

Mayor John Tory is promising to announce a new fiscal plan Thursday that will help the city protect services while funding new investments in transit. TORSTAR NEWS SERVICE FILE

"But when you look at the revenue side, nothing has changed in those 30 years, it's pretty much just property taxes."

Slack's report examines how much money Toronto could generate by adopting new taxes.

> **We all want good services.**
> Enid Slack

For example, a one per cent municipal sales tax could net over $500 million, while a one per cent municipal income tax — similar to what exists in New York City — would bring in $57 million.

That cash could help fix Toronto Community Housing's $2.6-billion repair backlog or fund the $3.2-billion downtown relief subway line.

However, while other cities — from Tokyo to Chicago — have adopted new taxes, it's not clear if Toronto is ready for them.

Of all the revenue tools covered in the IMFG report, Tory has only publicly mused about a possible hotel tax — a measure he's expected to endorse Thursday when he reveals his long-term fiscal plan.

Slack says a hotel tax "wouldn't bring in a lot of money" compared to other tools like road tolls.

Tory has also expressed opposition to raising property taxes — despite the fact that Toronto's are among the lowest in the GTA.

Slack acknowledged "nobody likes raising taxes," but said cities — and those who lead them — may soon have little choice.

"I think people in Toronto want good services. We talk about parks, we talk about transit. We all want good services, and I think we'll come to the realization that we won't have them if we don't raise taxes to pay for them," she said.

T.O. gets failing grade

The City of Toronto has received a failing "F" grade for its budgeting and public disclosure of financial data.

Toronto-based think tank C.D. Howe Institute put Toronto at the bottom, along with Winnipeg, in a ranking of 25 Canadian cities in a study being released Thursday.

Other GTA municipalities fare better, with Brampton and Halton both topping the list — tied with Vancouver, Halifax and Calgary — with a grade of A-. York Region got a B+, Markham and Peel both got Bs, Vaughan received a B- and Durham barely passed with a D+.

The report says "inconsistent presentation of key numbers in budgets and end-of-year financial reports hamper legislators, ratepayers and voters seeking to hold their municipal governments to account.

"Simple questions like, "How much does your municipal government plan to spend this year?" or "How much did it spend last year?" are hard or impossible for a non-expert citizen or councilor to answer."

TORSTAR NEWS SERVICE

BLACK FRIDAY SALE
UP TO 50% OFF
Mexico & the Caribbean, Florida, Hawaii and Las Vegas
Offer ends November 27
Contact your travel agent • aircanadavacations.com
MORE ADVANTAGES
The SAFETY & RELIABILITY of Air Canada and Air Canada Rouge
CONNECTING FLIGHTS from 64 Canadian cities
MAPLE LEAF™ LOUNGE access with upgrades to Business Class and Premium Rouge
aeroplan EARN & REDEEM 1,000s of Aeroplan® Miles
New bookings only made between November 23 and 27, 2016 for travel from January 5 and completed by April 30, 2017. Select packages and departure dates only. Applicable to Economy Class only. Subject to availability at time of booking. Subject to change without notice. Offers expire at 11:59 p.m. ET on the date indicated. Flights operated by Air Canada or Air Canada Rouge. For applicable terms and conditions, consult www.aircanadavacations.com. Holder of Quebec permit #702566. TICO registration #50013537. BC registration #32229. ■ ®Aeroplan is a registered trademark of Aimia Canada Inc. ®Air Canada Vacations is a registered trademark of Air Canada, used under license by Touram Limited Partnership, 1440 St. Catherine W., Suite 600, Montreal, QC.
AIR CANADA VACATIONS

The Bell Black Friday Event.

There's never been a better time to get the smartphone you want on the GTA's best and fastest network.[1]

From November 24th to 28th.

Samsung Galaxy S7 edge	Samsung Galaxy S7	Sony Xperia™ X Performance	Moto Z
$49.99[2]	$0[2]	$0[2]	$0[2]
2-yr. voice plan ($75/mo.) + 2 GB of data ($35/mo.)	2-yr. voice plan ($75/mo.) + 2 GB of data ($35/mo.)	2-yr. voice plan ($75/mo.) + 2 GB of data ($35/mo.)	2-yr. voice plan ($75/mo.) + 2 GB of data ($35/mo.)

SIM card charge ($10) may apply to all devices.

BONUS: Get an additional 2GB of data on select plans.[3]

Visit a Bell store • 1 888 4-MOBILE • bell.ca/blackfriday

Bell Black Friday just got better

Get expert advice today.
Visit a Bell store near you:

AJAX
Durham Centre

AURORA
SmartCentres Aurora

BOLTON
SmartCentres Bolton

BRAMPTON
100 Great Lakes Dr.
Bramalea City Centre
Shoppers World

BURLINGTON
1100 Walker's Line
Appleby Crossing
Burlington Mall
Mapleview Mall

ETOBICOKE
Albion Centre
Cloverdale Mall
Sherway Gardens
Woodbine Centre

GEORGETOWN
330 Guelph St.

MAPLE
Rutherford Marketplace

MARKHAM
7357 Woodbine Ave.
Markville Shopping Centre
Pacific Mall

MILTON
377 Main St. E.

MISSISSAUGA
980 Eglinton Ave. E.
Creekside Crossing
Dixie Outlet Mall
Erin Mills Town Centre
Heartland Power Centre
Sheridan Centre
SmartCentres Westgate
Square One Shopping Centre

NEWMARKET
Upper Canada Mall

NORTH YORK
Bayview Village
Centerpoint Mall
Fairview Mall
Lawrence Square
North York Sheridan Mall
Shops at Don Mills

OAKVILLE
478 Dundas St.W.
Oakville Place

PICKERING
Pickering Town Centre

RICHMOND HILL
Hillcrest Mall

SCARBOROUGH
259 Morningside Ave.
Eglinton Square
Malvern Town Centre
Scarborough Town Centre

THORNHILL
The Promenade

TORONTO
120 Adelaide St. W.
2256 Bloor St. W.
2171 Queen St. E.
2323 Yonge St.
Chinatown Centre
College Park
Crossroads Plaza
Dufferin Mall
East York Town Centre
Gerrard Square
Holt Renfrew Centre
Scotia Plaza
The Stockyards Mall
Toronto Eaton Centre
Yorkdale Shopping Centre
Yorkgate Mall

UXBRIDGE
307 Toronto St. S.

VAUGHAN
Vaughan Mills

WHITBY
SmartCentres Whitby
Whitby Mall

WOODBRIDGE
4080 Highway 7

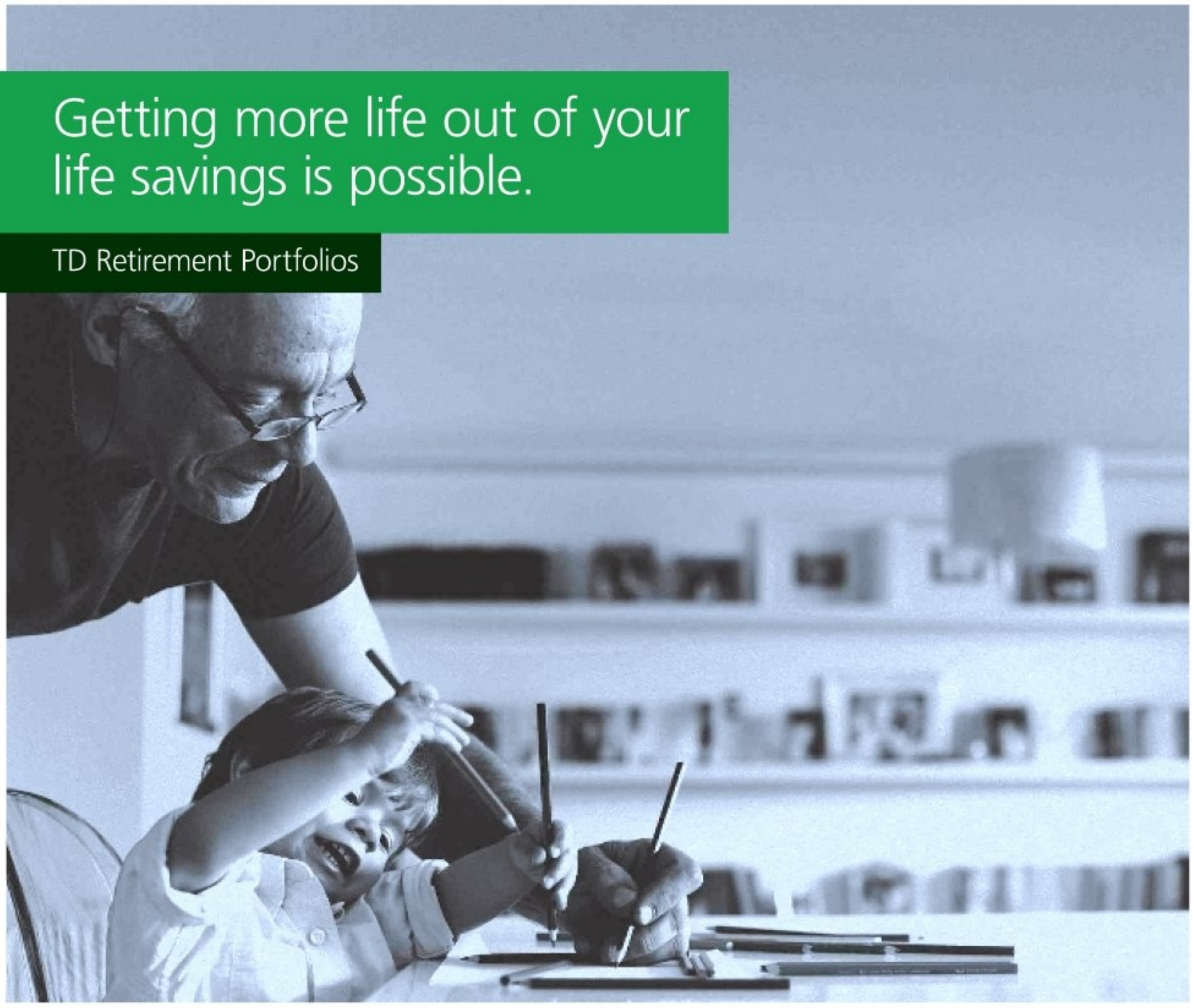
Also available at:

The SOURCE I WANT THAT

Offers end November 28, 2016. Available within network coverage areas available from Bell Mobility; see bell.ca/coverage. One-time connection charge ($15) may apply. Taxes extra. Other conditions apply. If you end your Commitment Period early, a Cancellation Fee applies; see your Agreement for details. Subject to change without notice, not combinable with other offers. (1) Based on third party testing against other national wireless service providers of combined voice and data across the greater Toronto area. (2) With new activations or upgrades on the following plans: $110/mo. ($75/mo. plan + $35/mo. for 2 GB data). Promotional pricing may apply. Visit bell.ca/rateplans for details. (3) With new activation or upgrade on a 2-yr term on select plans. Visit bell.ca/shareplans for details. Samsung Galaxy S7 and Samsung Galaxy S7 edge are trademarks of Samsung Electronics Co., Ltd., used in Canada under license. Sony is a trademark of Sony Corporation. Xperia is a registered trademark of Sony Mobile Communications. Communications AB. MOTOROLA and the Stylized M Logo are trademarks or registered trademarks of Motorola Trademark Holdings, LLC.

Getting more life out of your life savings is possible.

TD Retirement Portfolios



Designed to help protect your retirement savings.
Let us help you retire with confidence so you can continue to do the little things you love.

Learn more at td.com/tdretirementportfolios
or call 1-844-352-8736

TD Banking can be this comfortable.

Mutual Funds Representatives with TD Investment Services Inc. distribute mutual funds at TD Canada Trust. TD Mutual Funds and the TD Managed Assets Program portfolios are managed by TD Asset Management Inc., a wholly-owned subsidiary of The Toronto-Dominion Bank, and are available through authorized dealers. Commissions, trailing commissions, management fees and expenses all may be associated with mutual fund investments. Please read the fund facts and prospectus, which contain detailed investment information, before investing. Mutual funds are not guaranteed or insured, their values change frequently and past performance may not be repeated. ® The TD logo and other trade-marks are the property of The Toronto-Dominion Bank.

Signature scent perfumes on the rise

FRAGRANCE

Last year saw 859 artisan creations

Nichole Jankowski
For Metro
THE RETAIL INSIDER

Working in Montreal's Ogilvy on Rue Sainte-Catherine O one summer, I watched as a coworker planning her wedding would weave her way around the cosmetic counters and arrive at the Hermès fragrance display only to spritz both wrists and return, arms asunder, to have us vote.

She was deciding which fragrance to wear for the ceremony, and each day she would swap out scents until she narrowed her choice down to one: Eau des Merveilles, a shapeshifting perfume with an upside-down-note pyramid.

It was the first time I ever thought about a signature scent as a bookend and not something eternal. But it makes sense — smell is more connected to autobiographical memories than the other senses. Niche perfumes are a growing trend in the $45.9-billion US global fragrance industry. Sales of celebrity and designer fragrances fell 17 per cent in 2015, while fragrance sales grew by 6.3 per cent overall.

Meanwhile, according to Michael Edwards' Fragrances of the World database, 859 artisan perfumes were created in 2015, a 30 per cent increase from last year.

"When you have a signature fragrance people really associate it with you," says Jacqueline Steele, perfumer and founder of Goest, a boutique fragrance line from Los Angeles.

"Chanel No. 5 is great but it's never just going to be yours," continues Steele, who creates unique scents like Smokers' Perfume, a pack of five cigarette-sized vials meant to be spritzed after smoking to enhance the smell of tobacco.

Steele is just one of a growing number of independent, and often self-taught, perfumers gaining a mainstream presence. Urban Outfitters sells Goest and other lines like OLO, which are finding their way onto store shelves in Canada.

"I think the niche fragrance explosion is just another way artists are finding to express themselves," says Heather Sielaff, perfumer and founder of Portland-based brand OLO.

Steele likens the niche fragrance boom to the explosion of the craft beer scene following the legalization of home brewing. Only perfumers have the World Wide Web to thank, which Steele credits for democratizing the industry.

Federal transportation investigators say they are unable to identify an airborne object nearly hit a Porter Airlines flight.
THE CANADIAN PRESS FILE

TRANSPORTATION

Unknown object causes near collision for plane

Federal transportation investigators say they are unable to identify an airborne object that caused a Toronto-bound plane to take evasive manoeuvres that left two flight attendants with minor injuries.

A Porter Airlines flight en route from Ottawa to Toronto on Nov. 14 narrowly avoided a mid-flight collision above Lake Ontario with what flight crew said may have been a drone.

The Transportation Safety Board says it has now closed its investigation into the incident, saying that the object doesn't appear to have been a drone.

"The description and size of the object does not match any known commercial or consumer available unmanned aerial vehicle," TSB spokeswoman Karine Eyamie said Wednesday. "The incident will remain identified as a near collision with an unidentified airborne object."

The TSB noted that the incident occurred too far from shore and too high for the object to be a drone.

THE CANADIAN PRESS

TORONTO MOBILE VETERINARY SERVICES

Follow Dr. Tina on YouTube

Professional & friendly veterinary care all in the comfort of your own home!! We provide general, emergency and procedural services and much more!! Open after-hours, weekends and holidays.

Call 647.389.4VET (4838) OR visit www.tomobilevet.com for an appointment TODAY!!

Saks Fifth Avenue OFF 5TH

BLACK FRIDAY DEALS

Shop limited-quantity doorbusters now!

Plus shop 100s of designer deals for women, men & kids.

EXTRA CUT

TAKE AN EXTRA

25% OFF*

Clearance apparel for a total savings up to 75% OFF**

Red ticket items only.

OUTLET COLLECTION AT NIAGARA | THE QUEENSWAY
TORONTO PREMIUM OUTLETS | VAUGHAN MILLS

Sign up for exclusive offers at saksoff5th.ca

*Discount is applied to lowest ticket price. Exclusions apply. See Associate for details.
**The percentage off is in relation to the price another retailer in Canada charges or would likely charge for the same or a comparable value item.

SPIER & MACKAY
Handmade
Menswear & Accessories
20% STOREWIDE OFF
*Applicable for all In-Store & Online Items
BLACK FRIDAY SALE
1535 Meyerside Dr, Unit 20
Mississauga, ON L5T 1M9
905.670.3388
VISIT US!
@spiermackay
spierandmackay.com
info@spierandmackay.com
20 Toronto St, Unit 105
Toronto, ON M5C 2B8
416.368.8883

'High prices are killing everybody'

HYDRO

Protester says she lives in fear of being disconnected

May Warren
Metro | Toronto

Like many Torontonians, Angela Toussaint has seen her hydro bills skyrocket, increasing more than $50 a month since early this year.

But for her, higher prices are more than just a nuisance. They mean she's often only able to pay some of the bill, falls behind on what she owes and lives in fear of her hydro being disconnected.

"In terms of my budget, it's ridiculous," she told Metro, adding she's trying to get by on unemployment insurance and the rent for her apartment also went up by about $20 this year.

Toussaint was one of about 25 people protesting outside the Ontario Energy Board on Wednesday, as part of a movement organized by anti-poverty group ACORN to draw attention to the rising problem of "energy poverty" — vulnerable people falling through the cracks and bearing the brunt of high hydro rates.

Angela Toussaint, who struggles to make ends meet on unemployment insurance, finds the high price of hydro hard to afford.
LANCE MCMILLAN/FOR METRO

"Low income and moderate income people, we have been suffering from this for a long time but now it's more noticeable," said Alejandra Ruiz Vargas, the organization's East York Chair.

Since rates are now so high, Ruiz Vargas said many landlords are charging separately for hydro instead of including it in rent.

ACORN wants to see the income threshold for the Ontario Energy Support Program ($28,0000 for a family of two) increased so more people will be eligible for help with hydro bills.

They'd also like to see the province put strict rules around disconnection and reconnection fees when people miss payments from both Toronto Hydro and sub-metering private companies.

Tori Gass, a spokeswoman with Toronto Hydro said disconnection is always a "last resort," but the agency needs to charge fees to cover the cost of the process so that it's not passed on to other users. A spokeswoman from the Minister of Energy's office, Katrina Xavier, said the province has worked to introduce consumer protections around disconnections.

SATURDAY, NOVEMBER 26 & SUNDAY, NOVEMBER 27

SPEND YOUR POINTS *plus* EVENT

$105 SAVINGS VALUE!

SPEND 50,000 POINTS
AND GET UP TO
$85 OFF†

plus get $20 WORTH OF POINTS BACK!

OR

$210 SAVINGS VALUE!

SPEND 95,000 POINTS
AND GET UP TO
$170 OFF†

plus get $40 WORTH OF POINTS BACK!

PLUS RED HOT SAVINGS Saturday, November 26 to Friday, December 2

$86 each — **ARTDECO**
ADVENT CALENDAR -
HOLIDAY BEAUTY SECRETS

$80 each — **FRAGRANCE SAMPLER & CERTIFICATE**
FOR HER or **HIM**

YOUR FREE GIFT

AZZARO WANTED TOILETRY BAG WITH MINIATURE FRAGRANCE (5mL)
with the purchase of **AZZARO** WANTED EAU DE TOILETTE (100mL)
While quantities last. No rainchecks

$29 each — **QUO**
TREASURED TOOLS BRUSH SET

$60 each — **BY INVITATION by MICHAEL BUBLÉ**
EAU DE PARFUM 50mL

SHOPPERS DRUG MART

Some items may not be available at all locations. Prices and Shoppers Optimum Bonus Points® in effect from Saturday, November 26 until Friday, December 2, 2016 while quantities last. We reserve the right to limit quantities. †You may only redeem at the points level specified in this offer and in a single transaction. Taxes are payable on the full purchase price prior to the application of the discount reward. Offer is a reduction off your total pre-tax purchase price of products eligible for point redemption. Points are not redeemable for cash or credit. All other reward levels remain in effect during this promotion. Offer excludes prescription purchases, products with codeine, non-printable items, tobacco products (where applicable), stamps, passport photos, lottery tickets, event tickets, transit tickets and passes, gift cards, prepaid phone cards, prepaid card products and Shoppers Home Health Care locations. Not to be used in conjunction with any other Shoppers Optimum Points® promotions or promotional card offers. Valid Shoppers Optimum Card® must be presented at time of purchase. Shoppers Optimum Points® have no cash value but are redeemable under the Shoppers Optimum program for discounts on purchases at Shoppers Drug Mart. The savings value of the points set out in this offer is calculated based on the Shoppers Optimum Program® rewards schedule in effect at time of this offer and is strictly for use of this limited time promotion. The savings value obtained by redeeming Shoppers Optimum Points will vary depending on the Shoppers Optimum Program reward schedule at time of redemption and other factors, details of which may be found at shoppersdrugmart.ca. The $20 worth of points back on 50,000 points level redeemed is equivalent to 16,000 Shoppers Optimum Points®. The $40 worth of points back on 95,000 points level redeemed is equivalent to 30,000 Shoppers Optimum Points®. Shoppers Optimum Points will be awarded by December 12, 2016. See cashier for details. ® 911979 Alberta Ltd.

We are looking for volunteers!

Men and/or Women, aged 18 yrs. or older

Lambda Therapeutic Research Inc specializes in conducting clinical research trials. We are looking for healthy non-smoking individuals to participate in upcoming studies. Participants are compensated for their time.Compensation may range from $750 to $3500 depending on study duration.

Refer a friend and you may receive $100!

LAMBDA
Lambda Therapeutic Research

Please contact for more information:
416-752-3333 Toll Free: 1-866-207-3333
Mon-Fri: 8am-6pm Saturday: 10am – 4pm
www.lambdacanada-cro.com www.todaysresearch.com
Location: 460 Comstock Road, Toronto, M1L 4S4
follow us on

Norovirus found at two schools

HEALTH

York Region probing third possible outbreak

York Region Public Health confirmed that two York Region schools have tested positive for norovirus.

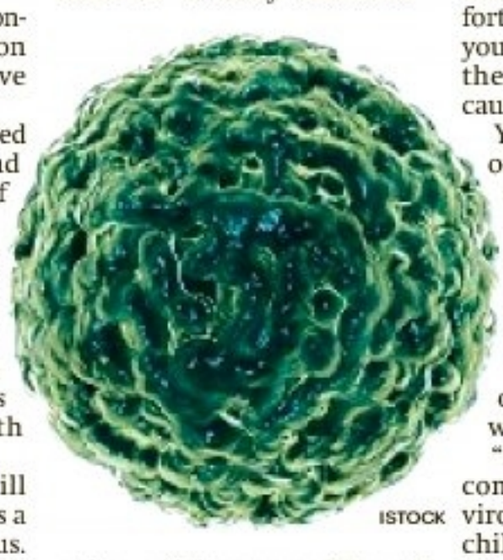
One of the schools is located in the City of Markham and the other is in the Town of East Gwillimbury.

Daycare centres and a retirement home in the City of Vaughan have reported increased illnesses with symptoms that are typical of a norovirus-like illness York Region Public Health confirmed.

Meanwhile, at Thornhill Woods Public School there is a possible outbreak of the virus.

"At this time we are investigating a potential outbreak at Thornhill Woods Public School but we can't confirm as of yet and we can't confirm that any other schools have been affected," Kylie-Anne Doerner, corporate communications advisor for the Regional Municipality of York, said.

The norovirus is an enteric virus, according to Doerner, and it's "a fairly short duration, quick recovery illness." Its symptoms include vomiting, nausea and diarrhea.



ISTOCK

"It's fairly common in winter months and quite easily spread from person to person," Doerner said.

Health Minister Dr. Eric Hoskins said symptoms such as gastroenteritis "can lead to dehydration and imbalances of some of the chemicals in the bloodstream or the body, but fortunately if you're a healthy young individual, apart from the symptoms, it shouldn't cause any untoward effects."

York Region's Medical Officer of Health, Dr. Karim Kurji said "outbreaks of norovirus and other enteric viruses, those which cause vomiting and diarrhea, are common at this time of year. In fact, norovirus is the most common cause of gastroenteritis outbreaks worldwide."

"Norovirus outbreaks are common in semi-closed environments such as schools, childcare centres and retirement homes. The numbers we are seeing are no greater than in previous years," said Kurji.

TORSTAR NEWS SERVICE

Lisa's Cosmetics
2016 CHRISTMAS

WAREHOUSE SALE
BRAND NAME FRAGRANCES & COSMETICS
SALE DATE: 25-28, Dec 2-5 & 9-11
Sat: 9am to 6pm, Sun: 10am to 6pm, Mon & Fri: 10am to 8pm

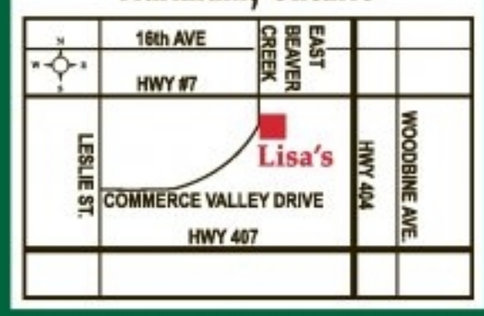
PERFECT GIFTS FOR CHRISTMAS

FEATURING
Elizabeth Arden
Cosmetics and Skin Treatment Products
Marcelle · Annabelle ~H,O+ Skin Care · Joico Professional · Elizabeth Grant Skin Care

SAVINGS UPTO 80%

★ Alfred Sung ★ Armani ★ Azzaro ★ Beyonce ★ Boucheron
★ Burberry ★ Britney Spears ★ Bvlgari ★ Cacharel ★ Calvin Klein
★ Davidoff ★ Diesel ★ Dolce Gabbana ★ Escada ★ Ed Hardy ★ Ferragamo
★ Givenchy ★ Gucci ★ Guerlain ★ Guess ★ Hugo Boss ★ Jennifer Lopez
★ Jimmy Choo ★ Juicy Couture ★ Justin Bieber ★ Katy Perry
★ Kenneth Cole ★ Kenzo ★ Lancome ★ Lacoste ★ Marc Jacobs ★ Moschino
★ Nina Ricci ★ Oscar De La Renta ★ Paris Hilton ★ Ralph Lauren
★ Roberto Cavalli ★ Swarovski ★ True Religion ★ Thierry Mugler
★ Versace ★ Vera Wang ★ Yves St. Laurent and many more fine fragrances

135 Commerce Valley Dr. East
Markham, Ontario



November 2016

S	M	T	W	T	F	S
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December 2016

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17

www.lisascosmetics.com

NO STROLLERS OR CHILDREN UNDER 10 ALLOWED

Health & Beauty Products
Neutrogena, Aveeno, Dove, Pantene
L'Oreal, Garnier, Johnson & Johnson, Olay
Fashion purses and accessories, designer sunglasses and much more

Indigo

BLACK FRIDAY

NOVEMBER 24 – 29, 2016

THE HOTTEST ELECTRONIC DEALS OF THE SEASON!

$30 OFF
KOBO AURA
~~WAS $129.95~~
NOW $99.95
OFFER ENDS NOV 28

UP TO $40 OFF FITBIT!

FITBIT BLAZE
~~WAS $249.95~~
NOW $219.95

FITBIT CHARGE 2
~~WAS $199.95~~
NOW $169.95

FITBIT FLEX 2
~~WAS $129.95~~
NOW $99.95

FITBIT ALTA
~~WAS $169.95~~
NOW $129.95

OFFER ENDS NOV 28

25% OFF
BEATS BY DRE
HEADPHONES

20% OFF
ANKI OVERDRIVE
STARTER KIT
~~WAS $199.95~~
NOW $159.95
OFFER ENDS NOV 28

30% OFF
IPHONE CASES
KATE SPADE NEW YORK,
OTTERBOX, SONIX,
CASE-MATE & MORE!

50% OFF
MONSTER ISPORT
WIRELESS HEADPHONES
~~WAS $159.95~~
NOW $79.95

$30 OFF
FUJI INSTAX MINI 8
~~WAS $99.95~~
NOW $69.95

50% OFF
BLUETOOTH
SUITCASE TURNTABLE
~~WAS $99.95~~
NOW $49.97

Indigo | Chapters | Coles | indigo.ca

All offers valid while quantities last November 24-29 in select stores and at indigo.ca, unless otherwise indicated. All savings off regular or list price.
No price adjustments on previous purchases and not valid in conjunction with other offers. Sorry, no rain checks. Indigo, Chapters, Coles and indigo.ca are trademarks of Indigo Books & Music Inc.

University costumes spark racism debate

KINGSTON

Students shown dressed as Arab sheiks, Viet Cong

As they walked between classes, stood in line to grab coffee, and wandered through the hallways of the John Deutsch University Centre on Wednesday, students across the Queen's University campus were debating and talking about racism- a conversation sparked after photos of students attending a party in offensive costumes went viral.

Photos from the party showed some party goers in jumpsuits wearing sombreros, while others were dressed in Buddhist robes, as Arab men, and as Viet Cong guerrillas. The theme of the off-campus event, which was a drinking tournament, was countries of the world.

Images from the party were posted on Twitter on Monday by Toronto comedian Celeste Yim.

A group of party goers wearing Tibetan monk robes. TWITTER

"A very shockingly racist party thrown by Queen's students happened and the photos make me sick to my stomach," Yim tweeted. "The costumes are indisputably and unequivocally offensive, tasteless, and should not be tolerated. Context and intentions have no bearing."

The subsequent debate raged online, particularly in the Facebook group populated by students, Overheard at Queen's. Many decried the stereotypical outfits while others said the they were not offensive, and that reaction to the photos was overblown, saying people are becoming overly sensitive.

Queen's principal Daniel Woolf released a statement Wednesday saying that the provost will be gathering information to determine if the event falls within the Queen's Student Code of Conduct.

TORSTAR NEWS SERVICE

HALIFAX

Enjoy the gentler side of roller derby

Jen Taplin
For Metro | Halifax

There is way more to roller derby than eight wheels and an attitude.

And with a new expansion in the works, the Anchor City Rollers — Halifax's roller derby league — are hoping a wave of fresh skaters will discover what the sport has to offer.

Stephanie Coffin said they're launching a new Low Contact program, an skating course and financial assistance.

Coffin, director of the Learn to Skate program, said the course now has four trainers instead of one and has greater availability.

And since some people drop out because of the intense competition, the league is starting a low-contact version.

"Competitive roller derby is a very high-contact sport; it's very rough and tough," Coffin said.

"Personally I'm just sick of seeing people not continuing to skate with us for whatever reason. If they just want to come out and get a bit of a workout every week for two hours, then I completely support that."

Roller derby, like any sport, has startup costs: around $500-$750 for the course and gear.

"It is a huge barrier for some people," Coffin said. "We want to eliminate those barriers as best we can."

Skaters can now apply for a scholarship to help with the start-up costs.

Kaarina Mikalson, 26, started in January.

"I was very scared, but they were so welcoming and encouraging, so that (fear) disappeared really fast," she said.

Stephanie Coffin leaps over Liz Wile. JEFF HARPER/METRO

Vacation is calling

Algarve Long Stay packages flights, accommodation & transfers

$1479
Luna Miramar 4★
Studio Pool View
21 nts | European Plan*
Feb 7, 14, 21
+ $474 txs/fees

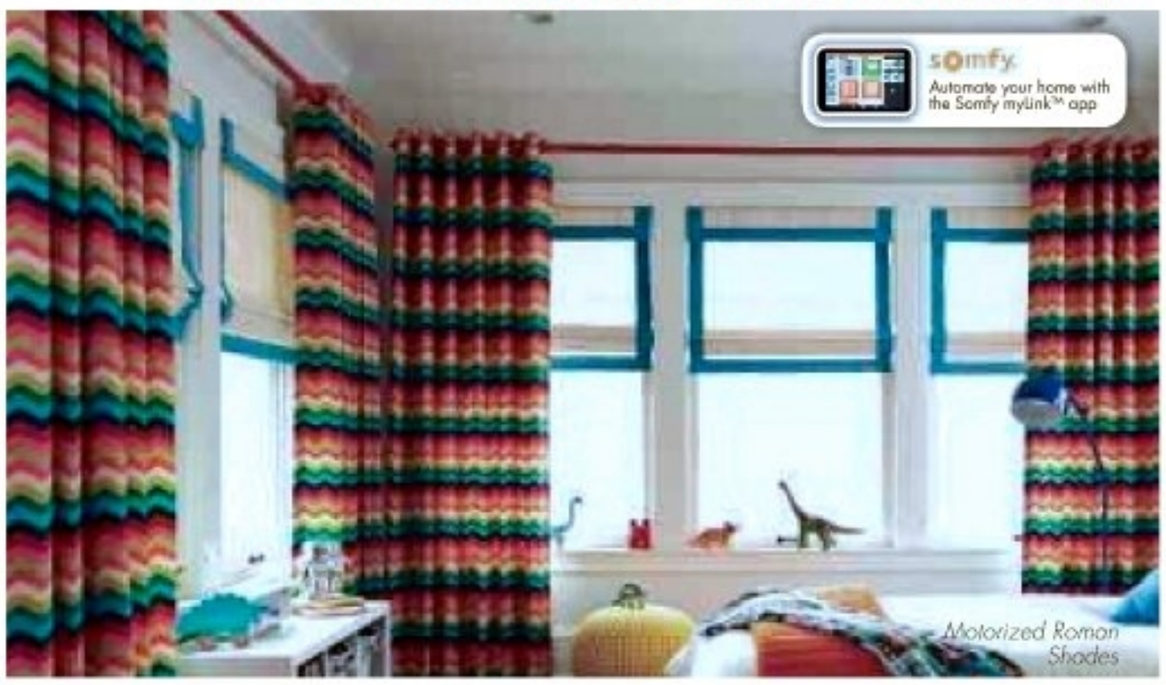
$1529
Luna Clube Oceano 3★
Studio
21 nts | Breakfast Daily
Mar 21
+ $474 txs/fees

$1999
Grand Real Santa Eulalia Resort & Hotel Spa 5★
1-Bedroom Apartment
21 nts | European Plan*
Mar 14 | + $474 txs/fees

Visit transat.com or contact your travel agent for more great deals.

*No meals included, kitchenette provided. Flights are from Toronto via Air Transat in Economy Class. Prices shown are per person, based on double occupancy in load room category, unless otherwise stated. Space and prices are subject to availability at time of booking and subject to change without prior notice. Limited seats available at prices indicated: 20 per departure. Prices advertised are valid from November 24 to 27, 2016 on new individual bookings. Taxes and fees are extra and noted above. Travel Agency fees may apply. For full descriptions and terms and conditions, refer to transat.com. Transat is a division of Transat Tours Canada Inc., and is registered as a travel wholesaler in Ontario (Reg #50009486) with offices at 191 The West Mall, Suite 800, Etobicoke, ON M9C 5K8.

NOW YOU HAVE A SPECIAL APP-TITUDE FOR BEAUTY
SAVE DURING OUR MOTORIZATION EVENT



GET A REBATE UP TO $500 WHEN YOU PURCHASE MOTORIZED WINDOW COVERINGS POWERED BY SOMFY®!*

Schedule your FREE Consultation today!
866-514-4741 // Motorize2016.com

Budget Blinds
Canada's #1 Choice for Window Coverings

In-Home Consultation | Expert Measuring | Professional Installation | The Strongest Warranty

*Applies to selected Signature Series® window treatments by Budget Blinds®. Purchases of $1,000 or more qualify for a rebate of $100, purchases of $2,500 or more qualify for a rebate of $250, and purchases of $5,000 or more qualify for a rebate of $500. Some restrictions may apply. Ask for details. Not valid with any other offers, discounts, or coupons. Valid for a limited time only. Offer good at initial time of estimate only. At participating franchises only. ©2016 Budget Blinds, LLC. All Rights Reserved. Budget Blinds is a trademark of Budget Blinds, LLC and a Home Franchise Concepts Brand. Each franchise independently owned and operated. Franchise opportunities available.

20 YEARS

TGI (BLACK) FRIDAY

TREAT YOURSELF TO A FABULOUS iPHONE 6s

iPhone 6s 32GB

$0

On select 2-year plans[1]

OFFER FROM
NOV. 24-28

+ GET AN EXTRA
1GB DATA
on select plans[2]

fido
Go get it.

iPhone 6s

A one-time $15 Transaction Fee applies.*

Visit a Fido store today.

Offers subject to change without notice. *A one-time $15 Transaction Fee applies for the processing of your line activation or phone upgrade. **1.** Offer ends November 28, 2016. iPhone 6s 32GB at $0 with a 2 year Promo Plus25 plan. Early cancellation fees apply. Taxes extra. **2.** Offer ends January 3, 2017. Available with 1GB, 2GB and 3GB plans. ©2016 Fido

WE NEED MALES & FEMALES

Are you a healthy, non-smoking,

MALE OR FEMALE 18 AND OVER?

- Free of daily medications?

If so, you may be eligible for our upcoming clinical research studies:

- We conduct weekdays as well as weekend studies.
- Compensation may range from $1,000 to $4,000 depending on the length of the study.

BioPharma SERVICES INC. Research. Results. Reliability.

CALL: 416-747-5246
Toll Free: 1-866-747-5246
Mon-Fri: 8am-6pm, Sat-Sun: 10am-6pm

4000 Weston Road, Toronto | www.biopharmaservices.com

OPENS NEXT WEEK

The Second City

TWIST YOUR DICKENS

TORONTO CENTRE FOR THE ARTS

LIMITED RUN • DEC 2-30
TICKETMASTER.CA • 855-985-5000
GROUP DISCOUNTS 8+
CALL THE GROUP TIX COMPANY 647-438-5559
OUTSIDE GTA 1-866-447-7849

Trump causes Dalai Lama 'no worries'

GOVERNMENT

No meeting yet planned between spiritual leader, president-elect

Exiled Tibetan spiritual leader the Dalai Lama said Wednesday he has "no worries" about Donald Trump's election as U.S. president, adding that he expects the businessman will align his future policies with global realities.

The 1989 Nobel Peace Prize winner's remarks were his most extensive yet regarding the election of the real estate tycoon and reality television star who has called for putting America's concerns first and shown little interest in Washington's traditional espousal of global democracy and social justice.

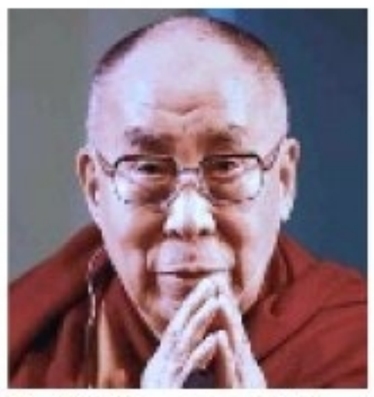
Commenting at the conclusion of a four-day visit to Mongolia, the leader of Tibetan Buddhism said he looks forward to seeing Trump at some point following the Jan. 20 inauguration. Such meetings usually draw protests from Beijing, which accuses the Dalai Lama of seeking to split Tibet from China.

The 81-year-old monk said he has always regarded the U.S. as the leader of the "free world" and wasn't concerned about remarks made by Trump during the election campaign. Some of those comments have been cited as offensive to Muslims, Hispanics and other U.S. minority groups.

"I feel during the election, the candidate has more freedom to express. Now once they (are) elected, having the responsibility, then they have to carry their co-operation, their work, according (to) reality," he told reporters in the Mongolian capital, Ulaanbaatar. "So I have no worries."

Tenzin Dhardon Sharling, spokeswoman for the self-declared Tibetan government-in-exile in the northern Indian town of Dharamsala, said she was not aware of any plans for a meeting between the Dalai Lama and Trump.

THE ASSOCIATED PRESS



The Dalai Lama expects the President-elect will align policies with global realities. AFP/GETTY IMAGES

GOBBLE-GOBBLE TURKEYS GET PUNNY PRESIDENTIAL PARDONS President Barack Obama got the holiday mood started at the White House on Wednesday with the traditional pardoning of the national Thanksgiving turkey, this time with his nephews standing in for daughters Malia and Sasha. GETTY IMAGES

IRAQ

Thousands fleeing Mosul

They came by the hundreds — men, women and children fleeing the battle for Mosul, some bloodied and crying out for help. So large was the crowd on the road that Iraqi troops initially ordered them back, worried that a Daesh suicide bomber could be hiding among them. Mosul's residents are fleeing in growing numbers as Iraqi forces push deeper into the country's second largest city, and the battle-hardened extremists are fighting for every block, exploiting the dense urban terrain and using civilians as human shields.

THE ASSOCIATED PRESS

CONTACT CHEEMA RESEARCH INC at 905-566-1200

Are you taking Inhalers **AND** Steroid pills for Asthma control?

YOU MAY BE ELIGIBLE TO PARTICIPATE IN A CLINICAL RESEARCH STUDY USING A NEW ADD ON INVESTIGATIONAL DRUG FOR ASTHMA

You will be compensated for study related expense

metro VIEWS
Your essential daily news
Thursday, November 24, 2016

VICKY MOCHAMA
ON RACISM BY MANY OTHER NAMES

Some students at Queen's University thought it was a good idea to dress up as ethnicities for a party. It was not a good idea.

There was a brief moment where we could be proud that Halloween had passed without a major conflagration.

Blackface Christmas had passed and all through the land, not a column had to be written on it. Then, last Saturday.

Some students at Queen's University in Kingston, Ont. thought it was a good idea to dress up as ethnicities for a party.

It was not a good idea. Not just because costume parties are awful. Not only because most of those dressed up as Buddhist monks, Viet Cong guerrillas and Middle Eastern sheikhs were white. But also because other people's culture's are not costumes.

The photos from Saturday's Beerfest party are pretty jarring, but the most striking photo of the bunch is of three young black men in the middle of the event. It has since been removed from Facebook but in it, they're dressed in jeans, thin T-shirts and puffy jackets, which is one of five style options currently available to all young men. In the picture, they stand unsmilingly in a way that evokes Jim from The Office looking into the camera. Their stillness breaks the fourth wall as if to say, "Are you seeing this too?"

The cycle of outrage is familiar, but the lesson bears repeating. When it comes to white people making fun of the cultures of marginalized people, the joke is too soon.

At moments like this, considerable effort is put into explaining how a benign-seeming, unthinking act ("Let's go as Chinese food!) is, when done by a white person, a form of racism. (It's also a form of internalized racism when people of colour are complicit in it.) Individual acts of conscious or unconscious racism are still racism.

History shows that those who believe in justice for non-white people have been opposed at every turn by those who vehemently disagree.

More on that R-word later.

Considerable effort is also, and indeed as has been, put into explaining that actually this isn't real racism. That this is just "outrage" and "identity politics" and "political correctness." That this is precisely the sort of distraction from the "real issues" that led to Trump's rise.

The form of discourse referred to, often derisively, as political correctness, diversity or identity politics consists of much more than theoretical ideas and rhetorical posturing. It's about correcting a history that has been horrible to so many groups on the basis of their race, gender, sexuality, religion, ethnicity and class. It's about the push and pull between those who've been told the world is theirs and those who have to demand their right to be in it. It's about the safety of those men of colour who went to party with their friends only to find out their friends might be racists.

It's about justice and equality.

A line can be drawn from abolitionists to civil rights protesters to Black Lives Matter activists. The parallel line, however, is longer: from slave owners to the Ku Klux Klan to the alt-right movement.

History plainly shows that those who believe in justice for non-white people have been opposed at every turn by those who vehemently disagree. This disagreement, on the issue of basic entitlement to one's humanity, is rightly called racism.

For those of us who are the recipients of it, racism is simply the most apt and specific way to describe the events in our lives. But its directness scares people. Whiteness is so fragile that an accurate description is too much to bear.

So instead of calling a racist by name, we've developed language that distances individual people from racist acts. Police aren't "racists"; rather, they may occasionally "exercise" "bias." The neighbours aren't "racist"; rather, they're concerned about "school quality." Media isn't a tool of "white supremacy"; rather, it lacks "diversity."

This is how young privileged students at Queen's University come to believe that their party does no harm. It's how young privileged white men like Stephen Harper's son Ben (himself a Queen's student) believe they're equipped to define for others what racism really is. (As an aside, what is this real racism that only white men can see?) This event should put to rest the idea that racism is an effect of poor education or poverty.

The insidiousness of racism lies in the way it erases its tracks. Suddenly, things with racist overtones may have happened and yet no one is a racist.

CULTURE-AS-COSTUME Queen's University students dressed as Mexican luchador wrestlers pose for a photo at a party last Saturday. TWITTER

Under Trump, racism will have powerful ally

Linda McQuaig

I guess we should be glad that no member of the Trump family or transition team actually attended the white supremacist event in Washington last weekend where Trump's victory was celebrated with Nazi salutes.

For those looking for good news in the face of Donald Trump's presidential victory, these are the sort of slim pickings on offer.

And, sure, let's remain optimistic, but it's important we not lose our sense of horror and outrage, or allow our moral goalposts to be moved.

Nor should we get lulled into feeling grateful for any tidbit of normalcy from Trump. Just because he says he's rethought plans to bring back torture or to jail Hillary Clinton, he's still appointed as his top adviser Steve Bannon, overseer of the website Breitbart, which specializes in provocatively stirring up tensions, particularly racial ones. If Trump didn't want to stir up racial tensions, would he pick that guy?

I've always been amazed at the way Americans routinely describe their country as "the greatest democracy on earth," without considering how that characterization fits with its history of genocide against Native Americans and more than two centuries of slavery. The fact that slavery was central to the American experience is rarely acknowledged, with little attempt to make amends.

This has left a festering wound covered by a band-aid.

Not all Trump supporters want to restore the Confederacy. Many are economically suffering workers duped into believing Trump will help them, or high-income urbanites excited about promises of gigantic tax cuts for the rich. But the soft, itchy underbelly of American racism has been given a good scratching by Trump, who for years kept alive birther attempts to discredit the first black president.

Whatever damage Trump is likely to do around the globe, at home — under the guidance of master provocateur Bannon — he is almost certainly going to pick a fight with the Black Lives Matter crowd. And when he does, the man who will be there to ensure justice is done will be Trump's new attorney general, Jeff Sessions.

The Alabama senator's racial comments led to his rejection as a judge by the Republican-dominated U.S. Senate in 1986. Less well known is the insidious role Sessions played in preserving Alabama's long history of separate and unequal education. In the 1990s, 30 of the state's poorest — which is to say blackest — school districts and a disability rights group successfully challenged the system, with an Alabama judge ruling it unconstitutional. Sessions, then Alabama's attorney general, fought to ensure ongoing inequality, using his office to wage a fierce two-year battle to overturn the decision.

Given Sessions' history, it's not hard to imagine how, as the nation's attorney general, he'll clamp down on black street protesters, stripping away their civil liberties and emboldening police.

Sessions and Bannon will be fighting their old racial battles, only this time the president will have their back.

Linda McQuaig is a journalist and author.

metro
Your essential daily news

CHIEF OPERATING OFFICER, PRINT
Sandy MacLeod

VICE PRESIDENT & EDITOR
Cathrin Bradbury

EXECUTIVE VICE PRESIDENT, REGIONAL SALES
Steve Shrout

MANAGING EDITOR TORONTO
Angela Mullins

ADVERTISER INQUIRIES
adinfotoronto@metronews.ca
General phone 416-486-4900

FREE TO SHARE

PHILOSOPHER CAT
by Jason Logan

Philosopher cat now at
www.mymetrostore.ca

DOWNTOWN CAMERA
WHERE PHOTOGRAPHY LIVES

Canon BEST IN GLASS SALES EVENT IS BACK!

Starts Nov. 25th

LENSES

Canon EF-S 24mm F2.8 STM || $179 ..... SAVE $40
Canon EF 28mm F2.8 IS USM || $609 ..... SAVE $130
Canon EF 35mm F1.4 L II USM || $2139 ..... SAVE $290
Canon EF 40mm F2.8 STM || $199 ..... SAVE $90
Canon EF 50mm F1.8 STM || $149 ..... SAVE $40
Canon EF 85mm F1.2 L II USM || $2399 ..... SAVE $300
Canon EF 100mm F2.8 L MACRO IS USM || $1039 ..... SAVE $170
Canon EF 135mm F2 L USM || $1229 ..... SAVE $120

Canon EF 70-300mm F4-5.6 L IS USM || $1749 ..... SAVE $70
Canon EF 70-300mm F4-5.6 IS USM || $449 ..... SAVE $200
Canon EF 70-200mm F4 L USM || $649 ..... SAVE $230
Canon EF 70-200mm F2.8 L IS II USM || $2199 ..... SAVE $630
Canon EF 24-70mm F4 L IS USM || $999 ..... SAVE $350
Canon EF 24-70mm F2.8 L II USM || $1999 ..... SAVE $560
Canon EF 17-40mm F4 L USM || $749 ..... SAVE $330
Canon EF 16-35mm F4 L IS USM || $1099 ..... SAVE $380
Canon EF-S 10-18mm F4.5-5.6 IS STM || $369 ..... SAVE $60

EOS Rebel T5i Renew your creative soul

Rebel T5i w/ 18-55 IS STM || **$649** SAVE $280
Reg. $929

Rebel T5i w/ 18-135 IS STM || **$849** SAVE $380
Reg. $1179

EOS 6D — FREE Accessory Kit
Bag, strap & battery ($179 value)

EOS 6D Body || **$1599** SAVE $400
Reg. $1999

EOS 6D w/ 24-105 F4 L IS || **$2399** SAVE $400
Reg. $2799

EOS 7D Mark II — FREE Accessory Kit
Bag, strap & battery ($179 value)

EOS 7D II Body || **$1699** SAVE $500
Reg. $2199

EOS 7D II w/ 18-135 IS STM || **$2149** SAVE $500
Reg. $2649

EOS 5D Mark III — FREE Accessory Kit
Bag, strap & battery ($179 value)

EOS 5D III Body || **$2999** SAVE $400
Reg. $3399

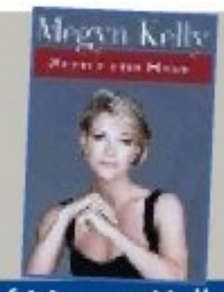
EOS 5D III w/ 24-105 F4 L IS || **$3799** SAVE $400
Reg. $4199

55 QUEEN ST. EAST. TORONTO. ON || 416.363.1749 ||

Valid until Nov 28th, Quantities limited. Errors & Omissions Excepted. Details in store.

metro LIFE

Your essential daily news



Pro-Trump Reddit forum floods Amazon with negative reviews of Megyn Kelly's memoir

5 PALETTES FOR THIS HOLIDAY SEASON

Whether you are looking for a glamorous New Year's Eve look, something you can wear to the office Christmas party or a palette you can take on a cold-escaping vacation, these holiday sets will help you put together the perfect makeup looks for the season. SAMANTHA EMANN/METRO CANADA

1 Kat Von D Metal Matte

Different from the warm brown and berry shades of many of the other holiday offerings, this palette contains mostly cool-toned shadows. The shimmers and mattes are all smooth and highly pigmented. There are some bright, stand-out colours as well as more toned-down neutrals and pastels. Because of its bigger size, it is not the most travel friendly. Despite that the beautiful colours and package artwork make it my favourite of the bunch. AVAILABLE AT KATVONDBEAUTY.COM

2 Urban Decay Naked Ultimate Basics palette

This all-matte addition to the iconic Naked line puts a little colour into this neutral-toned series. With beautiful rose-gold packaging it departs from the others with its square shape and a mirror to match. The 12 shades are similar to the quality of the original, smaller Naked Basics palettes. If you are looking for a palette that is good for everyday, work-appropriate looks, this is it. Blend with care because these shades can get a little muddy. AVAILABLE AT SEPHORA OR URBANDECAY.CA

3 Grande Hotel Café palette collection

Have multiple makeup junkies on your gift list? This set, though at a higher price point, offers three mini eye shadow and blush combo palettes that would make cute gifts as a set or individually. They each contain a different colour scheme and even different holiday-themed scents like eggnog latte and peppermint mocha. The main packaging is cute but a little bulky. AVAILABLE AT SEPHORA OR TOOFACED.COM

4 Nyx Love Contours All and Wanderlust palettes

Looking for a holiday gift or look on a budget? The Love Contours All palette contains the brown and berry shades of the season, offers some face highlight and contour, and even brow shades to help complete your look. This palette is a great gift for someone who is looking to dip their toes into the makeup world. The travel-friendly Wanderlust palettes contain six shadows and a lip colour that complements those shades. Some of my favourites of the Wanderlust series for the season include Madrid, Copenhagen and Vancouver. AVAILABLE AT SHOPPERS DRUG MART

5 Tarte Pretty Paintbox Set

This holiday offering from Tarte is perfect to take on that winter vacation to somewhere warm and sunny. You will have almost everything you need from blush, highlight, contour and bronzer to a full-size eyeliner and mini mascara and lip paint. All of this is contained in the same cute zip-up box the size of a book and also manages to include a small mirror. The amount and shade range of eye shadows just adds to the appeal. AVAILABLE AT SEPHORA

Galloway apologizes in first public statement

CONTROVERSY

UBC prof says a judge found he had affair with student

Author Steven Galloway has issued his first statement since he was suspended a year ago by the University of British Columbia over what it has only described as "serious allegations."

He was fired as creative writing chairman in June under a veil of secrecy. He said in the statement issued Wednesday by his lawyers that the "harm flowing from UBC's conduct" has reached such a level that he asked his counsel to provide clarity.

Galloway confirms that he was accused of sexual assault but says the only complaint substantiated by a former judge's investigation was that he had an affair with a student.

"Mr. Galloway profoundly regrets his conduct and wishes to apologize for the harm that it has caused. He does not seek to minimize it or to hide from it," the statement says.

Steven Galloway TORSTAR NEWS SERVICE FILE

"He seeks fair treatment for all involved, and an end to the scurrilous assertions and accusations that have proliferated in the vacuum of information."

The university tasked Mary Ellen Boyd, a former B.C. Supreme Court judge, with investigating complaints against Galloway in December. Her report, submitted in April, has never been made public.

Galloway's statement says after an exhaustive review of all evidence, Boyd found on the balance of probabilities that Galloway had not committed sexual assault.

Of the other allegations made against him, the statement says Boyd found that one constituted a violation of university policy. She found he engaged in "inappropriate behaviour" with a student while both were married, and that the affair lasted two years, it says.

The statement says Galloway has grave concerns with the investigative process followed by the university, including but not limited to the way it chose to communicate with the public.

Last week, 88 prominent authors, including Margaret Atwood and Joseph Boyden, signed an open letter calling for an inquiry into the school's handling of the case. After being accused of silencing women who might come forward in the future, Atwood issued a brief apology Wednesday.

The Canadian Press has spoken with five people who filed complaints based on behaviour they say they witnessed or experienced. They said the complaints included sexual harassment, bullying, threats and an incident in which Galloway is accused of slapping a student.

THE CANADIAN PRESS

HOLIDAY

A new Fashion Santa is clad in Buffalo plaid

Christmas at Yorkdale Shopping Centre in Toronto will have a different look this year as a new man steps into the high-top sneakers and distressed jeans of the mall's "Fashion Santa."

The mall said it made numerous attempts to bring back Paul Mason — who played the role of St. Nick the past two years and gained international attention for his stylish good looks — but that the model never responded to them.

Mason set social media ablaze in recent holiday seasons as Yorkdale shoppers, Justin Bieber included, clamoured to take a selfie with him. "We reached out several times over the summer and we did not receive a response," Yorkdale marketing director Lucia Connor said. "We wanted to work with Paul Mason again."

On Tuesday, the model tweeted, "The RealFashionSanta is still here. I will be announcing something very soon."

The mall has hired another model, Adam Martin, to take Mason's place.

TORSTAR NEWS SERVICE

Yorkdale's original "Fashion Santa" Paul Mason, left and his replacement this year, Adam Martin, right. TORSTAR NEWS SERVICE

PANDORA

TORONTO EATON CENTRE
647.347.8460 • EatonCentreJewellery.ca

ROYAL BANK PLAZA
416.360.1467 • RoyalBankJewellery.ca

FAIRVIEW MALL
416.492.5777 • FairviewJewellery.ca

While supplies last. Valid only at participating retailers. Void where prohibited.
*Limit 3 per customer. Not valid with prior purchase. Excludes gift card purchases.
Prices before taxes. Bangle is available for individual purchase starting 11/28/16.

© 2016 Pandora Jewelry, LLC • All rights reserved

BLACK FRIDAY
3 DAYS ONLY

TOPSHOP

FRIDAY, NOVEMBER 25-SUNDAY, NOVEMBER 27, 2016

50% OFF
SWEATERS & COATS

PLUS, 20% OFF ALL OTHER REGULAR PRICED MERCHANDISE*

QUEEN STREET, YORKDALE, SQUARE ONE, BRAMALEA CITY CENTRE, SHERWAY GARDENS,
UPPER CANADA MALL, SCARBOROUGH TOWN CENTRE

*REGULAR PRICED ITEMS ONLY. CANNOT BE COMBINED WITH ANY OTHER OFFER.

HUDSON'S BAY

TOPSHOP

STARTS FRIDAY, NOVEMBER 25 TO SUNDAY, NOVEMBER 27, 2016

STORES OPEN AT 7 A.M.
FRIDAY, NOVEMBER 25 ONLY

HUDSON'S BAY

BLACK FRIDAY WEEKEND SALE

FRIDAY, NOVEMBER 25

First 200 customers in store Friday at 7 a.m. receive a **$20 savings card**
No purchase required. See below for details.

FREE SHIPPING AT THEBAY.COM on any purchase
No minimum spend required.
See online for details.

FRIDAY TO SUNDAY
NOV. 25 TO NOV. 27

10% OFF COSMETICS & FRAGRANCES
Excludes Hermes and Dyson super sonic hair dryer.

SATURDAY & SUNDAY
November 26 and 27
from store open until 1 p.m. each day

SAVE AN EXTRA 15% ON ALMOST ANYTHING
in the store when you use your Hudson's Bay MasterCard® or Hudson's Bay Credit Card.
See below for details.

SAVE $35
$99.99
SOREL Winter Carnival boots for women Reg. $135
20% OFF other SOREL boots for women.
15% OFF UGG footwear for women.

$79.99
Dresses by CALVIN KLEIN, TOMMY HILFIGER and IVANKA TRUMP
Reg. $129 to $229
50% OFF other dresses by DEX, LORI MICHAELS, GABBY SKYE and CHETTA B.
40% OFF women's suit separates.
In our women's dress and suit departments. See below for exclusions.

SAVE UP TO $39
$39.99
Women's jeans by NOISY MAY and JESSICA SIMPSON
Reg. up to $79
$34.99 ADOLESCENT CLOTHING Christmas sweatshirs for women. Reg. $59
$19.99 ADOLESCENT CLOTHING Christmas T-shirts for women. Reg. $35

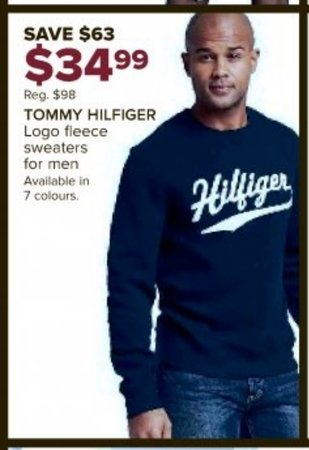
50% OFF
Men's suits, suit separates, sport coats, dress pants and dress outerwear
In our suit, suit separates, sport coats and dress outerwear departments. See below for exclusions.

50% OFF
Women's fashion by KARL LAGERFELD PARIS, STYLE&CO., CALVIN KLEIN SPORTSWEAR, DEX, KAREN SCOTT, JESSICA SIMPSON, CHAPS, BUFFALO DAVID BITTON, CALVIN KLEIN JEANS, I.N.C INTERNATIONAL CONCEPTS, LORD & TAYLOR and more
See below for exclusions.

SAVE $20
$19.99
ADIDAS T-shirts for men
Available in 5 colours.
Reg. $40

$29.99 ADIDAS joggers for men. Available in 4 colours. Reg. $55
30% OFF other activewear for men.
In our activewear department. For all activewear offers, see below for details.

SAVE $63
$34.99
Reg. $98
TOMMY HILFIGER Logo fleece sweaters for men
Available in 7 colours.



UP TO 50% OFF
Select designer watches
Includes clearance. Exclusions apply. See store for details.

SAVE $63
$34.99
TOMMY HILFIGER sweaters for men
Reg. $98
$24.99 TOMMY HILFIGER sweaters for boys. Sizes 2–18. Reg. $59.50 and $65

SAVE $50
$44.99
VERO MODA outerwear
Available in 4 colours.
Style 10159267
Reg. $99.99
50% OFF other women's fashion by VERO MODA, DESIGN LAB LORD & TAYLOR and CALIFORNIA MOONRISE.
See below for exclusions.

UP TO 70% OFF all mattress sets
SAVE $1100
$498
Reg. $1598
BEAUTYSLEEP Makayla Euro top queen mattress set
PLUS, shop thebay.com for mattresses starting at **$198**

SAVE UP TO $180
$99 ANY SIZE
SERTA hypoallergenic down-alternative duvets
300-thread-count cover.
Available in double/queen and king.
Reg. $250 and $280

SAVE $400
after $100 mail-in rebate
$349.99
Reg. $749.99 **Sale $449.99**
KITCHENAID Pro 600 stand mixer

$139.99 after $30 **mail-in rebate** KITCHENAID 3-piece pasta roller set.
Reg. $279.99 **Sale $169.99**
UP TO 40% OFF other KITCHENAID small appliances.
See below for exclusions.

Savings for all offers are off our regular prices, unless otherwise specified. **BLACK FRIDAY $20 SAVINGS CARD**: Redeemable on a purchase of $100 or more before taxes on regular, sale or clearance-priced merchandise. Valid November 25-to December 1, 2016. Not redeemable on cosmetics or fragrances, online purchases or One Day Sale offers. Not to be combined with any other offer. Excludes Hudson's Bay Outlets. Other exclusions apply, see store for complete listing. **HUDSON'S BAY CREDIT OFFER**: Excludes One Day Sales, cosmetics, fragrances and major appliances. Other exclusions apply. See in store and online for details. Hudson's Bay, Hudson's Bay Credit, Hudson's Bay Rewards, hbc.com and their associated designs are trademarks of Hudson's Bay Company. **Credit is extended by Capital One Bank (Canada Branch).** Capital One is a registered trademark of Capital One Financial Corporation, used under license. MasterCard and the MasterCard Brand Mark are registered trademarks of MasterCard International Incorporated. **KitchenAid small appliances** exclude items with 00q price endings. **Men's suits, suit separates, sport coats, dress pants and dress outerwear** exclude Ted Baker No Ordinary Joe and items with 99¢ price endings. **Adidas T-shirts** include styles AJ5742, AJ5743, AJ5345, AY7326 and AY7327. **Adidas joggers** includes styles AY7425, AY7426, AY7427 and AY7428. **Men's activewear** excludes Under Armour, Harley, Helly Hansen, Spyder, 1HL, VLS, NBA, MLB, CLF, Official Sports apparel and accessories. **Women's dresses** exclude New Spring Arrivals, Calvin Klein Dept 650/692 and items with 99¢ price endings. **Women's suit separates** exclude New Spring Arrivals and items with 99¢ price endings. **WOMEN'S FASHION:** Select women's styles available in Petite and Plus Sizes; Excludes New Spring Arrivals and items in our dress, suit and activewear departments. **KARL LAGERFELD PARIS** excludes 1755 DEC, 1755 JAN and items with 99¢ price endings. **Calvin Klein Sportswear, Calvin Klein Sportswear Plus Size, I.N.C International Concepts and I.N.C International Concepts Plus Size** exclude 517 December, 517 January and items with 99¢ price endings. **Dex, Dex Plus Size and Vero Moda** exclude items with 99¢ price endings. **Chaps and Chaps Plus Size** exclude HL ACT III, HL CLS II, HL DNM III, HL SPW III and items with 99¢ price endings. **Style&Co., Style&Co. Plus Size, Karen Scott and Karen Scott Plus Size** excludes 517 December and items with 99¢ price endings. **Noisy May and Jessica Simpson** exclude all denim jeans up to $79. **Jessica Simpson Plus Size** excludes all denim jeans. **Calvin Klein Jeans and Buffalo David Bitton** excludes all denim jeans Reg. up to $99. **Design Lab Lord & Taylor** excludes styles Santa Crew, Roxy Merry, FM4275836 and items with 99¢ price endings. **Lord & Taylor** excludes sweaters Reg. $89 to $99, Cashmere, Ply Cashmere and items with 99¢ price endings.

BLACK FRIDAY
3 DAYS ONLY

TOPMAN

FRIDAY, NOVEMBER 25-SUNDAY, NOVEMBER 27, 2016

50% OFF
SWEATERS & COATS

PLUS, 20% OFF ALL OTHER REGULAR PRICED MERCHANDISE*

QUEEN STREET, YORKDALE, SQUARE ONE, BRAMALEA CITY CENTRE, SHERWAY GARDENS,
UPPER CANADA MALL, SCARBOROUGH TOWN CENTRE, HILLCREST MALL

*REGULAR PRICED ITEMS ONLY. CANNOT BE COMBINED WITH ANY OTHER OFFER.

HUDSON'S BAY

TOPMAN

Darlings of the burgeoning poetry scene

SPOKEN WORD

Performances become a viral sensation for 25-year-old

Genna Buck
Metro Canada

When Sabrina Benaim was going through surgery for a thyroid tumour at the age of just 25, her best friend noticed that the very real lump in her throat was causing her to "swallow her words," both literally and figuratively.

She signed Benaim up for a spoken-word poetry class at OCAD University.

That was back in 2013.

Now Benaim is a darling of the Canadian spoken-word poetry scene and at the forefront of a huge shift in the way young people are interacting with verse.

That initial class led to public readings, then the underground tournament at the Canadian Festival of Spoken Word in Winnipeg, and a stint on Toronto's competitive slam poetry team. Her first book is coming out soon. With lines like, "When I say hello, I mean thank you. When I say thank you, I mean I adore you and when I say I adore you, I mean I will check your horoscope," Benaim's performances have become viral sensations.

Her work speaks to a generation of young people whose first encounter with poetry is less likely to be in a classroom than on social media.

Button Poetry, a multiplatform publisher with 600,000 YouTube subscribers, gave Benaim her big break two years ago: Her poem Explaining my Depression to my Mother has four million views. Some performances on the channel have upwards of 10 million.

"In my experience, with my poem exploding, 90 per cent of the messages I received — and I receive a good amount of messages, still — are 'Thank you for putting into words what I couldn't put into words,'" Benaim said.

"I think the resurgence of spoken word, honestly, is that we're feeling very disconnected with the world we're living in, with social media being kind of a barrier. It opens us up to everybody but it also closes us off in a lot of ways."

The corporate world is taking notice of the trend. Verses from Somali-British poet Warsan Shire appear on Beyonce's visual album Lemonade. Spoken-word artists performing their own work provided the soundtrack to Sport Chek's "What It Takes" series of Olympic ads this past summer (Benaim narrates the third TV spot in the series).

It doesn't get more mainstream than that.

One of Benaim's early influences was the spoken-word poet Sarah Kay, who is best known for her viral 2011 TED talk If I Should Have a Daughter.

FIVE YOUNG POETS TO WATCH OUT FOR

PHOTO BY KP KAUR

Rupi Kaur

Born in India but raised in Brampton, Ont., 24-year-old Rupi Kaur is known as "the insta-poet" because she gained fame for her short poems and whimsical line drawings on Instagram.

Daniel Tysdale

This Saskatchewan-born poet, who now teaches at the University of Toronto is known for his Everything You Need to Write a Poem TEDx talk and his Fauxccasional series of poems on YouTube, which explore alternate histories.

PHOTO BY ANDREA CHARISE

Sachiko Murakami

A widely published poet who hails from the west coast, Marikami mines Facebook for poetry prompts. One result was a series of poems about people's airport stories.

Chimwemwe Undi

Undi's performances meld playfulness and humour with storytelling about religion and the immigrant experience. She's a veteran of the Winnipeg youth poetry slam.

Andre Prefontaine

This prairie native is a regular in the Toronto spoken-word scene and international competitions alike with pithy, occasionally X-rated haikus.

Get up to 30,000[1] Aeroplan Miles.

Offer ends December 2, 2016.
Don't miss all those miles.

Conditions apply.

Visit tdaeroplan.com/yyz or call
1-888-714-4459 to learn more

TD Banking can be this comfortable.

[1] Welcome Bonus of 15,000 Aeroplan Miles ("Welcome Bonus Miles") will be awarded to the Aeroplan Member account associated with the TD Aeroplan *Visa Infinite* Card Account ("Account") only after the first Purchase is made on the Account. To receive the additional 10,000 Aeroplan Miles, you must also: (a) apply for an Account between September 3, 2016, and December 2, 2016; and (b) make $1,000 in Purchases on your Account, including your first Purchase, within 90 days of Account approval. To receive the additional 5,000 Aeroplan Miles you must also (a) Add an Authorized User between September 3, 2016, and December 2, 2016; (b) Authorized User must call and activate their Card by January 16, 2017, and (c) your Account must be in good standing at the time this 5,000 Bonus Aeroplan Miles is awarded. You can have a maximum of three (3) Authorized Users on your Account but you will only receive 1 (one) 5,000 Bonus Aeroplan Miles offer. Annual Fee for each Authorized User Card added to the Account will apply. The Primary Cardholder is responsible for all charges to the Account, including those made by any Authorized User. If you have opened an Account in the last 6 months, you will not be eligible for these offers. We reserve the right to limit the number of Accounts opened by and the number of miles awarded to any one person. Please allow 8 weeks after the conditions for each offer are fulfilled for the miles to be credited to your Aeroplan Member account. Offers may be changed, withdrawn or extended at any time and cannot be combined with any other offer unless otherwise specified. These miles are not eligible for Aeroplan status. All trade-marks are property of their respective owners. ® The Air Canada maple leaf logo and Air Canada are registered trade-marks of Air Canada, used under license. ® The Aeroplan logo and Aeroplan are registered trade-marks of Aimia Canada Inc. ® The TD logo and other trade-marks are the property of The Toronto-Dominion Bank.

The best gift ever

Five Torontonians describe the best gift they ever got

Camilla Cornell

"The best gift I ever received was approval to come to Canada. I had been in a detention centre in Thailand for a year, sharing one small room with 150 people. We had to sleep in shifts because there wasn't room for all of us to lie down at once. I had applied a year and a half earlier to come to Canada as a refugee, but I was beginning to give up hope. Then, someone from the Canadian embassy came to see me and told me I'd been accepted. Within a few days I arrived at Pearson Airport. I soon met my group of sponsors who helped me get settled. Now I'm in school studying English. I am so very thankful."

— Mehtab Matthew, ESL student

"When my wife, Pat, and I got married, we had seven kids between us in a blended family from our previous marriages — and six of them were girls. There were a lot of strong personalities to manage! One of my favourite Christmas presents came about three years after we'd blended our families. It was a video that they had made in secret. There were a series of vignettes, including some impersonations of Pat and me and our personality quirks as they saw them, as well as a couple of skits and a musical number. It was clever and funny and endearing. And it made me realize how important our family was to them. It was a signal that the merger was complete."

— Rick Richter, partner, Mandrake Management Consultants

"My son, John, gave me one of the best gifts I've ever received: twice. When he was just four, I had him paint a cake plate at a local pottery studio. It was the perfect size for the many birthday cakes it served up over the years. I was upset when it broke a few years back. Then last Christmas, John, now 26 years old, gave me an envelope. In it was a gift certificate for the same pottery studio. He explained he would come and we'd make another plate together. You could have knocked me over with a feather as he is more of a sports kind of guy. I loved it because I was given this chance to relive a moment of his childhood while we resurrected our family heirloom, complete with the goofy chocolate birthday cake and pink candles of the original. One of my better Mom moments."

— Laurie McGugan, artist

"The best gift I ever received was a donor heart and kidney. At 23, I had what I thought was a lingering flu; it turned out that a virus was attacking my heart muscle. It did irreparable damage before I got a diagnosis. I struggled with cardiomyopathy [enlargement of the heart] for three years and things were becoming very bad. My malfunctioning heart affected my kidneys, too, and I needed a heart and kidney transplant to survive. I weighed only 77 pounds, when the nurse woke me up in the morning and spilled the beans that a child had died and the parents were donating the organs. I was going to get my transplant. At the time I just felt a sense of overwhelming relief. But now I have a 14-year-old son of my own and, being a parent, I think often about the sacrifice that family made. They lost a child and they were able to get beyond their grief to think of other people. Every year, on the anniversary of my transplant, I celebrate with my family. Sometimes we go away for a trip or go skiing. It's a time to appreciate what we have and the gift they gave us."

— Jayne Wright, Cineplex supervisor

"The best present I ever got was when my dad surprised my brother and me with a four-day ski trip to Mt. Tremblant. I was about 15 at the time and we had no idea he was planning anything like that until we opened a paper-wrapped box under the Christmas tree and found a note inside. It was awesome because we got to spend time with family and do something active too."

— Steven Dalglish, nursing student

THIS SPECIAL REPORT WAS CREATED BY CONTENT SOLUTIONS, INDEPENDENT OF METRO EDITORIAL.

Tips from those on the inside

GET THE BEST DEALS

Take notes before hitting shops online or in-store

Camilla Cornell

Savvy shoppers know you can score some great deals on the day after American Thanksgiving in Canada, as well as the U.S. Read on for tips from a fashionista, a deals aficionado and a money expert to ensure you get the most bang from your buck.

Plus-size blogger Jessica Biffi (justbiffi.com) has been making waves in the fashion industry since ending Project Runway Canada, as the season 2 runner up. She has since launched her own clothing and accessory lines, and capsule collections for Addition-Elle and Pennington.

The self-described "Toronto girl with a serious fashion addiction" says most retailers let you know about sales in advance. So if there's a store or chain you frequent, sign up for their email sales alerts.

"Then you can gauge whether or not you want to deal with the situation in person or on line," said Biffi. Her own preference is almost always to shop online during Black Friday. "It's just overwhelming otherwise," she said.

When buying clothing online, Biffi suggests, it pays to do a bit of research up-front before you let your fingers do the walking. "Sizes have the same range at most stores, but the fit can be very different," she said.

At the very least, measure yourself and look over the online size chart. Or do some pre-shopping. "If you know you really like something, get to the store a few days in advance and try stuff on," Biffi suggested. "Then you will be on a mission to grab your things the day of, and you won't have as much stress to deal with."

Plus-size blogger Jessica Biffi suggests signing up for email sales alerts from your favourite retailers. ELLIOT PARROTT PHOTOGRAPHY

Raymond Lau, of Canada Deals Blog, has been a deals shopper for as long as he can remember, but since 2010, the Calgarian has been blogging full time about the specials he finds to his 50,000 subscribers across the country. Lau updates his site daily with local shopping deals in major Canadian cities.

"Black Friday, Cyber Monday and Boxing Day are the three biggest days of the year for me," he said. "My traffic spikes like crazy." The problem: since he's aware of the deals on offer, Lau can't resist doing some shopping himself. "I probably spend more than I should," he admits.

Lau finds the best Black Friday deals on consumer electronics such as televisions and gaming consoles. But, he warns, some electronics retailers charge as much as a 50 per cent restocking fee once you open the box, "so only open it if you plan on keeping it."

Door-crasher specials can offer particularly great value, he adds, but they are frequently reserved for the first few people in the store, so get there early. "I never wait in line," Lau said. "I don't believe in it. But a few years ago, I actually camped out with my wife and we were lucky enough to be the tenth in line to get a $3,000 TV for $900." He confesses he would have been pretty upset if he'd been 11th and missed the deal.

To avoid size snafus when buying online, Lau usually purchases two sizes (medium and large) and tries them on when they get to the house. "I just keep the one that fits and return the one that doesn't," he said.

When you do shop in store, he advises, make sure you have a game plan. Check the flyers and Lau's website (CanadaDealsBlog.com) in the week leading up to Black Friday and try to cherry-pick the deals, concentrating on stores that rarely have sales, such as Lululemon and the Apple Store.

Finally, to beat the rush, you might want to shop early. "A lot of retailers kick off deals on Thursday at midnight," Lau pointed out. "That's when you'll find the best inventory and selection." On the other hand, many sales extend throughout the week, and you may find the crowds thinner if you hold off.

Limor Markman of Limor Money strives to empower young women to take strides toward controlling their financial destiny through her website (limor.money) and her online videos. And she practices what she preaches.

"I only buy things on Black Friday that I was planning to buy anyway," she said. "A couple of weeks ago, my luggage jammed open on a trip, so I am totally waiting for Black Friday to buy luggage this year."

Markman warns against simply showing up at the mall to see what you can find. Instead, shop with a list of things you need and holiday gifts (in which case, you should make sure you can refund or exchange into January).

Do your homework by scanning flyers and online sites in advance to find out who has the best discounts, Markman advises. "And make sure you're well-versed in the prices of the things you want to buy," she added. "Otherwise you may think you're getting a great deal and it may actually not be." A sign that screams '40 per cent off suggested list price!' doesn't mean much if the list price is inflated.

Another cautionary note: if you're buying online from a U.S. retailer, don't forget that "the price isn't actually the price," points out Markman. You have to do the currency conversion to Canadian dollars. In addition, you'll be charged an exchange fee on your credit card and you may have to pay duty and shipping fees (because often shipping is only free south of the border).

"That price may look amazing," said Markman. "But by the time you pay all those extras, you may actually be paying more than in Canada."

A shopping assistant attached to your phone

The hottest tech product on the planet? It's in your pocket.

More than 75 per cent of Canadians now own a smartphone and chances are you bring this digital device with you everywhere.

And so it may come as no surprise many are using it to shop. The following free apps are worth considering.

Flipp

Consider Flipp the ultimate flyer aggregator. After you type in your postal code, browse the best deals at local stores or select what retailers matter to you and you'll be able to see the latest flyers that showcase new products and sales around you. Available for smartphones, tablets and computers, clip favourites, print coupons, press and hold on a product to read reviews, add items to your shopping list, and see discounted items by percentage off. Flipp also lets you store digital versions of your loyalty cards to use at retail, when needed.

Ebates.ca

It's one thing to save money while shopping smartly, but what if you could earn money back while shopping online? That's the premise behind the Ebates app as it pays members cash back every time you shop through participating online retailers and marketplaces — and there are many. Here's how it works: sign up for a free account, and then every time you shop at one of the supported stores you'll start earning cash that can be sent to you via cheque, deposited into a PayPal account, or donated to a charity of your choice. Each store offers a different cash back percentage.

ShopSavvy

If you're hoping to find a bargain while shopping at retail, ShopSavvy takes advantage of your smartphone's camera by letting you scan barcodes of products in front of you. Within a second or two, you'll see how much the same product costs online — or nearby at a nearby competing store — including the option to get directions to the stores that have the product cheaper (represented by coloured pushpins on a map). Needless to say, retailers don't like this app very much. You can also do a search by keyword, such as "Xbox" or "Sonos," to find the best deals.

Save.ca

Owned by the same parent company as this publication, this Canadian app borrows elements from both Flipp and Ebates.ca: you can view flyers, price-match between your favourite local retailers, and take advantage of cash-back offers and mail-to-home coupons. Save.ca also lets you create shopping lists to keep track of products you want, plus you can scan loyalty cards and present them at the register of retailers you frequent the most. The interface is clean and intuitive.

— MARC SALTZMAN

Flipp

THIS SPECIAL REPORT WAS CREATED BY CONTENT SOLUTIONS, INDEPENDENT OF METRO EDITORIAL.

Nordstrom will kick off the holiday season with free silver gift boxes in every department. TODD KOROL/TORONTO STAR

Go luxe for a less frenetic Black Friday

SHOPPING SEASON

Luxury retailers in Canada offer unique choices

Camilla Cornell

When it comes to Black Friday offerings, the newly vibrant luxury shopping segment should give well-healed Canadians a reason to shop at home, says Jim Danahy, CEO of retail advisory firm the customerLab in Toronto. "We've certainly seen an expansion in that segment and we expect more of it," he said.

In the past few years, Canada has seen American lux retailers Nordstrom and Saks Fifth Avenue arrive on the scene, while homegrown Holt Renfrew has expanded its presence. "We've never seen so much competition in the luxury shopping category," said Danahy.

What's driving the growth? At least for the American retailers, it's a function of the fact that growth at home has been sluggish, says Wendy Liebmann, CEO of WSL Strategic Retail. And when they're looking to expand, they tend to look for "places where there seems to be space in the market to offer unique choices and that are more culturally familiar and affordable," she said. "In the case of Canada, there's a lot of real estate space."

But when it comes to holiday deals, Danahy warns, "Black Friday and luxury shopping are a bit of an oxymoron." Although many of these retailers may offer special promotional merchandise for the holidays, "they tend to compete more on assortment and service, than on price," he said.

For example, Nordstrom — which now has five locations in Toronto (two), Ottawa, Vancouver and Calgary — is known for its attentive sales staff. It has hired an additional 11,400 seasonal employees for stores in Canada and the U.S., about 9,500 of them in sales and stock positions.

Nordstrom will kick off the holiday season with free silver gift boxes in every department and its own army of elves; better known as personal stylists. Although the stylist service is available free year-round, it's a particularly "helpful time saver during the busy holidays," said spokesperson John Bailey.

Customers can make an appointment with a stylist by phone, online or in person, he adds, and they'll "take care of everything on your list from finding the perfect gift to decking you out for party season. They'll even put items in gift boxes and ship your packages."

Nordstrom isn't dispensing with sales either. It will offer an extra 20 per cent off select clearance items from Nov. 24 through Nov. 28, for example. But Bailey says the company still doesn't really have a sense of how Black Friday will "translate in Canada," since it just opened its doors.

Saks Fifth Avenue will put the focus on customer service this holiday season. Its 25,000-square-foot space in Toronto offers personal stylists to give customers the kind of VIP treatment they can't get just anywhere. Think access to a private lounge and roomy luxury shopping suites.

And if you're looking for shoes…well, Saks Eaton Centre location offers more than a thousand pairs to choose from, including an entire table of Manolo Blahnik. Called 10022, the Saks shoe section is named after the original Manhattan store's shoe department — it was so expansive it required a new zip code.

That said, "don't expect a whole lot from Sak's that is price-related," said Danahy. "They may have special merchandise and special offers, but it's less likely to be driven by price."

Ditto for Holt Renfrew — which Danahy calls the "doyen of luxury retailers in Canada." Its four stores in Toronto and one store each in Calgary, Edmonton and Vancouver have already begun to display an assortment of high-end stocking stuffers such as a Rebecca Minkoff cardholder ($100) and an Anya Hindmarch coin purse with a pixelated smile ($395). And you'll also find a range of seasonal cosmetic gift sets ranging in price from $32 to $2,415.

> **Black Friday and luxury shopping are a bit of an oxymoron … they tend to compete more on assortment and service, than on price**
>
> Jim Danahy, CEO of retail advisory firm the customerLab in Toronto

'TIS THE SEASON

Black Friday is a North American thing

"The U.S. retailers in Canada recognize that Black Friday is a North American thing and will not be so foolish as to say, 'We're not doing anything,'" says Wendy Liebmann, CEO of WSL Strategic Retail. "They will offer promotions for the Canadian market."

Still, she says, if you're looking for a less frenetic shopping experience with plenty of assistance available when you need it, by all means turn to the GTA's expanding ranks of luxury retailers. But if you're looking for knock-down, drag-out deals on Black Friday, they may not be your best bet.

Indigo

BLACK FRIDAY

FOUR DAYS ONLY!

NOVEMBER 24-27, 2016

SAVE UP TO

50% OFF*

ON SELECT BOOKS, GIFTS, ELECTRONICS,
TOYS, HOLIDAY DÉCOR & SO MUCH MORE!

VISIT US IN-STORE TODAY!

Chapters | Indigo | Coles

*Offers valid while quantities last from November 24 – 27, 2016 in-store (excluding kiosk orders), unless otherwise indicated. No price adjustments on previous purchases. Exclusions apply.
Indigo, Chapters, and Coles are trademarks of Indigo Books & Music.

The hottest deals on cool tech

GADGETS GALORE

We've got the skinny on the biggest bargains

Marc Saltzman

What's the only thing better than getting hot deals over the holidays? When you can get all your shopping done before December even rolls around.

Between Black Friday, Nov. 25, when retailers slash prices, and Cyber Monday, Nov. 28, where you're encouraged to shop online, you can score great deals on hot products.

And if it's tech you want, you've come to the right place.

From televisions, tablets and laptops to gaming consoles, headphones and smart-home appliances, expect to get a lot of bang for your buck by shopping over the weekend.

The following are a few of our faves, and where to find the deal.

Samsung 55-inch 4K HDR Smart LED TV (KU6270)
Black Friday price: $899.99
Regular price: $1,299.99
Where to buy: Best Buy

Samsung TV

As you likely know, 4KTVs deliver four times the resolution of 1080p HD, while HDR ("High Dynamic Range"), reproduces a wider range of brightness levels, richer colours, and higher contrast levels (resulting in whiter whites and darker blacks). At $400 off, Samsung's KU6270 TV is even more tempting. This 55-inch 4K HDR TV looks stunning, and includes a Smart TV platform powered by Tizen, to give you fast and intuitive access to your favourite on-demand video apps like Netflix and YouTube, interactive games, music streaming services, social media, and more.

ASUS X-Series 15.6" Laptop
Black Friday price: $297
Regular price: $399.99
Where to buy: The Source

ASUS laptop

You don't need a $1,500+ laptop to turn heads. With its premium finish, the chocolate black ASUS X540 laptop is slender, lightweight, and durable, with decent performance to handle tasks like web browsing, online shopping, social networking, and word processing. Powered by an Intel Celeron N3050 dual-core processor and 4 gigabytes of RAM (system memory), this 15.6-inch laptop features an HD display (1366 x 768 resolution), 500 gigabytes of storage, and a 64-bit Windows 10 operating system. Along with Wi-Fi and Bluetooth, this laptop has multiple connectivity ports.

HTC One M9
Black Friday price: $400
Regular price: $849
Where to buy: htc.com

A huge discount on a premium phone, HTC One M9 is a 5-inch device with several bells and whistles. This includes a comfortable and durable metal unibody design, a 20-megapixel camera with sapphire camera cover lens (and impressive front-facing camera, too), and for entertainment buffs, front-facing stereo speakers with a built-in amplifier, HTC BoomSound, and Dolby Audio surround. On top of the Android operating system, HTC Sense software lets you truly customize the look and feel of the phone. 32 gigabytes of storage is included, but a microSD slot lets you add up to 2 terabytes (roughly 2,000 gigabytes).

HTC phone

iRobot Roomba 870
Black Friday price: $549.99
Regular price: $699.99
Where to buy: Amazon.ca app

iRobot Roomba

Why clean your home when you can have a robot do the dirty work for you? That's the idea behind the iRobot Roomba 870 Vacuum Cleaning Robot, which is also ideal for those who have pets and allergies. Its AeroForce 3-Stage cleaning system delivers up to 50 per cent more cleaning performance than previous models, says the company, along with tangle-free extractors to help prevent hair and debris clogs and a high-efficiency filter to trap fine dirt and dust. The disc-shaped vacuum cleaner's iAdapt Navigation technology uses a suite of sensors to navigate and adapt to your changing room environment, including an optional scheduling feature if you want to do its thing without you there.

Canon T6i
Black Friday price: $879.99 (Until Nov. 24)
Regular price: $949.99
Where to buy: Best Buy

Canon camera

Through the looking glass. You don't get a second chance to capture that special moment. Rather than reach for your smartphone, immortalize life's precious memories with the Canon T6i, a compact digital Single Lens Reflex (dSLR) camera and 18-55mm IS STM Lens Kit. Take professional-looking photos — quickly and easily — so you won't miss that winning goal, a candid smile or setting sun on the horizon.

Along with its 24.2-megapixel CMOS (APS-C) sensor, ultra-low light sensitivity (extended ISO up to 25,600) and fast DIGIC 6 image processor, this camera shoots Full HD videos, and has built-in Wi-Fi to instantly share your handiwork and NFC for tap-to-pair functionality with a compatible smartphone. When time and budget permits, build up your lens collection with a huge assortment of telephoto, wide-angle, and macro options.

Klipsch R6 Headphones
Black Friday price: $95.99
Regular price: $119
Where to buy: Klipsch.ca and all other Klipsch-carrying retailers

Klipsch headphones

You're not still using those white earbuds that shipped with your phone, are you? Treat your ears to something much better — and on sale for Black Friday and Cyber Monday. At 20 per cent off the regular price, the noise-isolating Klipsch R6 in-ear headphones with control cable feature patented, contoured ear tips for a more comfortable wear over long periods of time (and multiple tip sizes are included in the box). Most importantly, the same advanced acoustic engineering from Klipsch's legendary Reference home theatre speakers provide the performance in these R6 earbuds. The 3-button inline remote can be used for full music and voice control on most smartphones, plus the microphone lets you take calls, as well.

Nikon D5300 SLR with dual lens kit
Black Friday price: $799.99
Regular price: $1,294.99
Where to buy: Best Buy

Nikon camera

If 2017 is the year you want to start taking breathtaking photos, Best Buy has an aggressive sale on the Nikon D5300 single lens reflex (SLR) and some accessories to get you going. Along with this the exceptional 24.2-megapixel SLR (with DX-format CMOS sensor), there's both an 18-55mm lens for everyday photos and HD videos (with built-in stereo microphone), as well as a 70-300mm telephoto lens, and a camera bag to store all your gear. Other features of the camera include a fast EXPEED 4 processor, 39-point autofocus, high ISO sensitivity, 3.2-inch vari-angle LCD screen, built-in editing tools, and integrated Wi-Fi to share your memories on the spot.

ACER tablet

Acer Iconia B1
Black Friday price: $77
Regular price: $109.99
Where to buy: The Source

Want a tablet but can't afford an iPad? You'd be surprised how good an inexpensive tablet can be, like the Android-powered Acer Iconia B1, on sale for just $77. Fast and light, and with a high-resolution 7-inch screen, this touchscreen tablet is ideal for playing games, viewing videos, reading ebooks, browsing websites, and more. Along with support for Google Play's 1.5 million downloadable apps, this tablet includes Bluetooth connectivity for optional wireless keyboards, speakers, headphones and other accessories. This quad-core tablet ships with 16GB of storage, it can be expanded even further via its existing microSD slot (up to 32GB), and packs two cameras.

DJI Phantom 3 Advanced Quadcopter Drone with Camera
Black Friday price: $799.99
Regular price: $1,079.99
Where to buy: Bestbuy.ca (online only)

DJI drone with camera

Are your kids droning on and on about wanting a quadcopter? OK, bad pun, there. But whether it's for kids or kids at heart, save $280 off the white Phantom 3 Advanced Drone with this online-only Best Buy deal. Take to the friendly skies with smooth and intuitive controls and as it's soaring around, shoot smooth 1080p HD video (or 12-megapixel still photos) and even watch the footage on your smartphone or tablet while you're flying. Fly at a top speed of nearly 58 km/hour, and enjoy a line-of-sight range of up to 2,000 metres. As a safety measure, if the connection between the controller and drone is broken, the autopilot takes over and brings your drone back to you. Fly for up to 23 minutes between charges.

Black Friday is here. So is double the data.

WIND is now Freedom Mobile and we're celebrating by giving you double the data on our new future-ready Smartphone 45 LTE plan. Our new traffic-free LTE network will launch in Toronto and Vancouver and will expand to our other markets during 2017.

~~$45~~

$40 PER MONTH

FOR 12 MONTHS.

- 3GB of data + 3GB bonus
- Unlimited Canada/U.S. talk
- Unlimited global text
- Low international calling starting at 1¢/minute

Freedom™ mobile

For details, visit
freedommobile.ca
Offer ends soon.

LG V20

Learn more at freedommobile.ca. Smartphone 45 LTE plan is available for a limited time and is subject to change or cancellation without notice. Bonus 3GB of data per month will only be applied to the plan until January 31, 2018. $60 service credit offer is valid from November 21 to 30, 2016, and is subject to change or cancellation without notice. To be eligible for the $60 service credit, you must activate a new Pay Before or Pay After line on a plan with a monthly charge of $45 or $55. A $5 monthly credit will be applied to your account for up to 12 months to a maximum of $60. The credits will start to be applied to your account as a top-up before tax on your 2nd top-up date (for Pay Before customers) or as a bill adjustment before tax on your 2nd bill (for Pay After customers). May not be combined with any other in-market offer, with some exceptions. Additional terms and conditions apply. LG V20 is a registered trademark of LG Electronics Inc. Screen image simulated. The Freedom Mobile name and logos and other words, titles, phrases, marks, logos, icons, graphics are our trade-marks and are protected by law and may not be used, copied, imitated or used in whole or in part without our prior written consent.

Big deals on big appliances

SHOPPING

With Black Friday deals, now is the time to do that reno

Vicky Sanderson

The mother of all sales is upon us — music to the ears and good news for the budget of those longing to replace a noisy fridge, tired stove or wonky washing machine.

While Francine Sternhall, director of Aeroplan's eStore, says, "electronics tend to be the most popular (Black Friday) category," Home Depot Canada appliance merchant Cameron Skilling suggests that major appliances have become "a leading edge."

Shopping for large appliances during Black Friday, he adds, can have the advantage of being planned, unlike typical purchases, which frequently come after a break-down when decisions are made in a hurry.

Planned purchasing means the buyer has more time to gather information that will be useful when scoping out the best Black Friday deals.

Waylon Chow, sales associate at Best Buy Canada, thinks that may be why so many people are interested in buying a full kitchen suite at this time of year.

"People who are renovating and plan to buy everything at once during this time can save a lot," he said.

Experts suggest that shoppers spend as much time as possible identifying exactly what they want, visiting bricks and mortar stores and showrooms to look at product, and taking advantage of online videos, reviews and spec sheets.

It's sometimes important to move quickly to snag a deal, so Camille Kowalewski, head of communications for eBay Canada, advises shoppers follow favourite retailers and online marketplaces on social media. Your phone, she adds, could be a secret weapon for alerting to you to time-sensitive offers.

Once you know what you want, make a note of all relevant information, most especially the model number. Then double check it, says Skilling.

Planning a renovation around Black Friday sales can reduce costs on appliances, like these from Samsung. JO ALCORN DESIGN/JASON HARTOP PHOTO

"They're like Latin, so be very cautious of those numbers and letters — a change in even a single digit can make it a different colour, size, and have different features."

Don't forget to measure: you don't want to be one of those sad consumers who buys appliances without measuring their placement, or the doors they are expected to pass through. If you're not sure how to do the math, ask for help from an associate, whether you're online or in-store.

Tell the retailer, too, if there's an appliance that needs to be removed. Many include free disposal with a delivery, but need to know ahead of time for scheduling.

Bone up on the current, non-sale prices of items you want. Be ready to calculate how exchange, shipping, and return policies affect the sale prices. Always ask about matching programs; at Home Depot, for example, if you find a better price at a competitor, they'll beat it by 10 per cent.

Chow says shoppers should also look at loyalty points or financing options, and be aware of special shopping features; in Best Buy's case, that it will reserve any item to pick up in store at the sale price. It's also important to ask about warranties, and what it costs to extend them.

What's hot during Black Friday/Cyber Monday 2016 will be the same items that have been hot all year, says Skilling, who's noting upticks in large capacity laundry sets, and black stainless steel finishes.

Many consumers covet feature-rich, connected appliances, such as Samsung's Family Hub, a refrigerator with a front panel interface that, among other things, takes images of the inside of a fridge, which the user can access over a smartphone — say, at the supermarket.

LED lighting is another popular feature in fridges, and one that's increasingly accessible.

"It used to only be found in a $4,000 fridge. Now it's available in just about anything," said Skilling. He adds that manufacturers trying to woo shoppers to buy the relatively new induction technology may have interesting price points this year, and he expects large capacity laundry suites will be in demand.

Buy for sweet dreams not the sweetest bargain

BIG PURCHASE

A mattress should provide a better sleep all year round

Camilla Cornell

If you're looking for a mattress this fall, Black Friday may be one of the cheapest days of the year to buy one. "Black Friday has become a huge retail event in Canada and every retailer is now competing directly for the shopping community," said Jory Solomon, a "sleep expert" with Sleep Country Canada.

Solomon's region comprises 12 Sleep Country stores in Ontario and on an average weekday they sell $40,000 to $60,000 worth of mattresses. "Last Black Friday, we did more than triple that," he said.

That said, if you're shopping for a mattress on Black Friday, be aware that this isn't an uncomplicated purchase and stores will be crowded. A mattress store is basically a commercial space "with 40 squares, all at different prices," said Solomon. "The average person really has no idea what kind of technology they contain and what those features and benefits really mean. You really need a guided tour with an expert." Here are his tips for getting a mattress you're going to be happy with for the long haul.

Shopping for a mattress is a team sport

If you're part of a couple, shop with your partner. "You both have your own unique comfort level," said Solomon. "And you're both going to be sleeping on it, so you're better to pick it out together."

Beware the door-crasher special

"You will see these screaming deals on Boxing Day at prices that seem extremely low," he said. "But before you get too excited about putting that mattress in your master bedroom, understand that is probably the most basic-level bed in the store." If, on the other hand, you're planning to put that bed in your guest room, by all means go cheap.

A firmer mattress doesn't necessarily provide better support

"We still deal with that misconception every day," said Solomon. Thirty years ago there was truth to the idea that a firm bed provides greater support. "They used to take springs out of the firmest mattresses to soften them and they'd call it medium. Then they'd take more springs out and call it soft," he explained.

No more. The invention of the pillow top or Euro top mattress changed all that. "Now they don't take away support, they just add some cushioning on top to make the bed softer," said Solomon. "You can choose your comfort level, whether firm, medium or plush, and it will have no impact at all on the underlying support."

Don't let Black Friday deals keep you from making a smart purchase. KEITH BEATY/TORONTO STAR

You're not just buying a mattress — you're buying a 'sleep system'

While your mattress can account for about 80 per cent of your comfort, there are actually three parts to the sleep system: the mattress, the pillow and whatever the mattress sits on, says Solomon. Note that the minute you put your new mattress on an old box spring, it negates the warranty.

Adjustable beds aren't just for old folks

"A mattress doesn't have to go on a box spring. It can go on a platform base or a lifestyle base [usually called an adjustable bed]," said Solomon. "A lot of people used to think of that as being only for the old and infirm, but the average age of purchase for a lifestyle base now is about 42 years old. Its people using laptops or watching television — people who use their bedroom for more than just sleep."

'Warm sleepers' rejoice

"Being a warm sleeper is often disruptive to a good night's sleep," said Solomon. The good news: lots of mattresses have cooling technology now — including foam mattresses that have long been regarded as hotter to sleep on. "Foam is not a new technology and in the '80s and '90s, it was a fact that it tended to absorb body heat and could make the bed warmer," said Solomon. "But for almost 20 years — especially in the last three years, due to technological advances —the foam is now the coolest part of the mattress."

If you hate it, you can usually bring it back

"Almost every retailer has some form of home trial period," said Solomon. At Sleep Country there's a 60-day home trial period. If you feel like the Princess and the Pea, you can return it and choose another mattress. But don't make a rush decision. "It usually takes about two weeks until you're accustomed to the new mattress," he pointed out.

UNIQLO BLACK FRIDAY DEALS

Friday, November 25 – Sunday, November 27, 2016

HEATTECH EXTRA WARM

JAPAN TECHNOLOGY HEATTECH INNERWEAR

Enjoy winter more than ever with HEATTECH Extra Warm – up to 1.5* times warmer than our regular HEATTECH.

**Calculated based on the CLO value that indicates thermal resistance inside the garment, compared to regular HEATTECH.*

VERY COLD DAYS

$19.90 $29.90

Offer applies to $29.90 WOMEN/MEN HEATTECH Extra Warm Tops & Bottoms only.

Ultra Light Down Stretch Long Coat

$79.90 $149.90

Down Jacket

$79.90 $129.90

More great deals in store!

CF Toronto Eaton Centre
NOW OPEN

Yorkdale Shopping Centre
NOW OPEN

Follow us on

Visit us at uniqlo.ca

UNIQLO
LifeWear

Unusual finds for shoppers

POPULAR CATEGORIES

Consider toys, small appliances and electronics

Vawn Himmelsbach

Sure, Black Friday is a good time to pick up those wireless speakers or upgrade your smartphone, but it's also a good time to find deals on items you might not have considered shopping for. Like vacuum cleaners, gas fireplaces and Lego.

While electronics remains one of the most popular items, along with clothing and accessories, Black Friday is an ideal time to buy kitchen appliances, according to Monika Hajzokova, sales director with Shopbot, which has an inventory of six million items from more than 400 retailers and brands.

"Kitchen appliances is one of our biggest categories," she said. "The top searched item is the KitchenAid mixer, especially in the red colour." That's expected

Keurig coffee brewing system CONTRIBUTED

shopping expert with ebates. "It's a great time to stock up on coffee, such as Keurig and espresso pods. The Bay always has great deals on espresso pods."

And it's not just appliances for the kitchen: most major big-box retailers are offering discounts on small appliances such as vacuum cleaners and robotic vacuums. For those wanting to invest in a heavy-duty vacuum, like a Dyson, Black Friday is the time to do it.

Shopbot has also historically seen a spike in sales of fireplaces (gas or ethanol-powered) over Black Friday. And, bizarre as it sounds, it has also seen a spike in plumbing supplies during this time period (perhaps, like fireplaces, it's a signal that shoppers are prepping for winter).

As the temperatures plummet, shoppers aren't just thinking about fireplaces and freezing pipes. They're thinking about how they can escape winter, and travel is another category where they can find Black Friday deals. Several online travel consolidators and travel agencies are offering discounts on vacation packages, as well as rebates or gift cards with their purchase (to be used for future travel, though there's typically an expiry date).

Dyson vacuum cleaner CONTRIBUTED

Sari Friedman, marketing director with ebates, says electronics is still the most popular category for shoppers on Black Friday and Cyber Monday. But she recommends thinking beyond TVs and computers, and considering options such as smart home hubs and smart thermostats.

Big-box retailers are offering discounts on Nest smart-home products over Black Friday, she said, and Enbridge customers can then receive a $100 bill credit for their purchase — a double win for shoppers.

While clothing and accessories remain popular, Black Friday is a good time to look for deals on designer items. Many luxury retailers run site-wide sales or offer deeper discounts on certain categories, says Friedman. This year, in particular, should be interesting, with high-end U.S. retailers such as Saks and Nordstrom opening shop in Canada, bringing their Black Friday traditions with them.

Black Friday also kicks off the holiday shopping season, so it's an ideal time to shop for others. Half of Canadians feel the deals that retailers offer specifically for Black Friday and Boxing Day are better than those offered in general during the holidays, according to new poll data from ebates, which surveyed 1,000 Canadians during October.

"Canadians are planning to spend $200 more on their holiday shopping this year than last year," said Friedman. "It's a good time to not just think about yourself but crossing off things on your list: toys, books, beauty."

When it comes to gift-giving, there are plenty of deals to be had on women's perfume, according to Shopbot. It's also a good time to pick up toys, such as Lego, or soon-to-be discontinued toy lines. Red Flag Deals predicts that toys from Star Wars: The Force Awakens may be discounted this year, to make room for the hype train of Rogue One: A Star Wars Story.

Shopbot has found that Quebec has different shopping behaviours on Black Friday than the rest of Canada. While electronics and clothing are still popular items, the top-searched items fall under the home decor category — in particular, blankets, quilts and duvets.

While the rest of the country may want to consider checking out the deals to be had on home decor, some shoppers are considering much larger appliances — such as mattresses, dishwashers and couches — that they'd traditionally buy during Boxing Week. "Furniture stores tend to offer some good discounts, but not as much as much as fashion and appliances," said Hajzokova. "They won't be top categories."

Lego CONTRIBUTED

Shopping for a gift online?

Ship to a post office of your choice

We'll notify you when it arrives

FlexDelivery™ It's convenient, secure and free.

Sign up today at canadapost.ca/flexdelivery

Delivering the Online World

CANADA POST POSTES CANADA

™ Trademark of Canada Post Corporation.

metro HOME
Your essential daily news

Pink's Malibu mansion sells for $12.5M U.S.

Three projects to watch for

CONDO TRENDS

Projects incorporate historical elements

Duncan McAllister
For Metro Canada

This week, Metro takes a whirlwind tour of three noteworthy new projects in and around the downtown core.

At a recent community event in Toronto's Garment District, the wraps were taken off a striking new project that will see a 1930's-era public utilities building transformed into a contemporary collection of condos, a bountiful food hall and Toronto's newest YMCA.

The historic Waterworks building, a collaboration between MOD Developments and Woodcliffe Landmark Properties, will be revitalized into a 13-storey neighbourhood hub, currently an abandoned building residing on a block that dates back to 1837 when it served as the city's St. Andrew's Market.

Designed by Diamond Schmitt Architects, the site at 505 Richmond St. W., will be made to blend the existing Art Deco exterior with a horseshoe-shaped condominium building. All 299 residential suites will feature unique floor plans with interiors designed by Cecconi Simone.

The site plan will incorporate the new YMCA, 15 units of affordable housing run by Artscape and street level retail shops. The developers will also work with the city in its plans to expand the adjacent St. Andrew's Playground by a quarter of its size.

Clockwise from top: The historic Waterworks building is being revitilized into a 13-storey neighbourhood hub, Tableau at Richmond and Peter streets will launch at the end of the month and the office condos 7 St. Thomas in Yorkville has a unique design created by Hariri Pontarini Architects. CONTRIBUTED

Now over to Toronto's Soho south neighbourhood at Richmond and Peter, where Tableau Condominiums will be holding their official launch at the end of this month. It's another story of historic preservation, by partners Urban Capital, Malibu Investments and Alit Investments. A table-like structure will be built around a historic facade to form the base of the tower.

The opening celebration will feature the unveiling of NOVA, Shayne Dark's dramatic 90-foot-high sculpture and the opening of the Anne Boleyn, a British pub, located on the ground floor.

And up to Yorkville, where there's a great new option for people working out of their condos – and rapidly running out of room. The new trend introduces the concept of office ownership to the city, rather than the traditional approach of renting commercial space.

7 St.Thomas is an elegant new development located in the Yorkville district that offers customizable commercial ownership opportunities — office condos, if you will. The building is a seamless combination of Victorian townhomes with a six-storey contemporary fritted tower.

It's a one-off design from Hariri Pontarini Architects, a departure from their usual ultra-modern approach to design. The distinctive common area spaces were designed by the Munge Leung Design studio, and future tenants already include a dentist and an architectural office.

BILD

Outdated zoning bylaws act as barriers to intensification

Bryan Tuckey
For Metro Canada

Outdated zoning bylaws in municipalities across the GTA are contributing to our worsening housing supply shortage, further eroding choice for new home buyers and ultimately adding to the price growth of new homes.

Zoning bylaws control the use of land in a community. While official plans set out a municipality's general policies for future land use, zoning bylaws put those plans into effect. They regulate how land can be used, determine what types of buildings can be built, and control the size, height and location of new developments. These bylaws are administered by municipalities and vary by neighbourhood.

All new development applications must conform to the zoning bylaws of the area to get approval. Unfortunately many municipalities across the GTA are operating with badly outdated zoning bylaws that don't align with provincial policies.

Ontario's growth policies mandate intensification in much of the GTA, such as the development of high-rise or mid-rise condominiums and stacked townhomes in urban areas and near transit stations. However, the zoning bylaws for many of the urban areas and the areas around transit stations have not been updated to reflect the desire for higher density development.

The extent of outdated zoning bylaws was recently brought to light when a local planner made a map that broke down residential zoning in the City of Toronto. It showed that more than half of the city is zoned for single-family detached homes. As well, areas on and around subway lines, such as the majority of land around Yonge Street north of Eglinton, were zoned for low density development when as per the Growth Plan they should be used for transit-oriented high-rise communities. Needless to say, the map garnered interest from local media and lots of discussion on social media.

Antiquated zoning creates unrealistic public expectations of land use, particularly when it comes to height and density. Community opposition to intensification is a growing challenge in the GTA, and outdated zoning bylaws play a significant role. Explaining to residents that the stacked townhome development proposed for their neighbourhood is in accordance with planning policy would be a lot easier if the area wasn't zoned for detached homes.

Out-of-date zoning makes the already long approval process even longer and contributes significantly to delays in bringing projects to market, which results in additional costs for new-home buyers.

Municipalities are required to review their official plans every five years and update their zoning bylaws no later than three years after a revision. It's time for the Province to start enforcing this rule.

BRYAN TUCKEY IS PRESIDENT AND CEO OF THE BUILDING INDUSTRY AND LAND DEVELOPMENT ASSOCIATION AND A LAND-USE PLANNER WHO HAS WORKED FOR MUNICIPAL, REGIONAL AND PROVINCIAL GOVERNMENTS. FOLLOW HIM ON TWITTER @BILDGTA, FACEBOOK.COM/BILDGTA, AND BILDBLOGS.CA.

mattamyHOMES | BIDDINGTON
Building Quality for Generations™

CONSTRUCTION STARTS SOON.

We're close, very close to being sold out but you still have the opportunity to own at pre-construction prices! Don't hesitate or wait, join your new friends who have already purchased at J. Davis House in the Yonge and Davisville neighbourhood. Visit our sales centre today or call for a private appointment.

WE STILL HAVE A GREAT SELECTION OF HOMES PRICED FROM THE LOW $300'S.

Penthouses priced from the low $900's.

J. DAVIS. HOUSE

YONGE STREET

MATTAMYHOMES.COM 647.343.3270

Sales Centre 1955 Yonge Street. Mon - Thurs Noon to 8pm. Fri 1 to 6pm. Weekends + Holidays 11 to 6pm.

Construction tentative to begin late 2016. Prices, specifications, availability and promotions are subject to change without notice. Illustration is artist's impression. E.&O.E.

CONTRIBUTED PHOTOS

NEW COMMUNITY COMES TO DAVISVILLE VILLAGE

J. Davis House brings an exciting new option to Yonge and Davisville

From end to end, Toronto's Yonge Street corridor is the city's most renowned, vibrant and convenient main artery. At its heart is Davisville Village — and J. Davis House presents an exciting new opportunity to build your life right here.

Envisioned by Mattamy Homes and Biddington Homes, J. Davis House is a stunning contemporary midrise condominium designed to complement this well-established neighbourhood while distinguishing itself with meticulous details that lend it a sophisticated air. Many residents here will enjoy large, room-sized terraces that expand living space by hundreds of square feet.

It is the perfect vantage point in this idyllic neighbourhood, where city amenities meet abundant parkland for a rich urban lifestyle that offers everything you could want. The downtown core is less than 15 minutes from the Davisville subway stop that's just around the corner. Uptown nightlife, shopping and dining start practically on the doorstep and stretch north. Wander south toward St. Clair and you'll find countless options for playing, shopping or just people-watching, all the way to the lake.

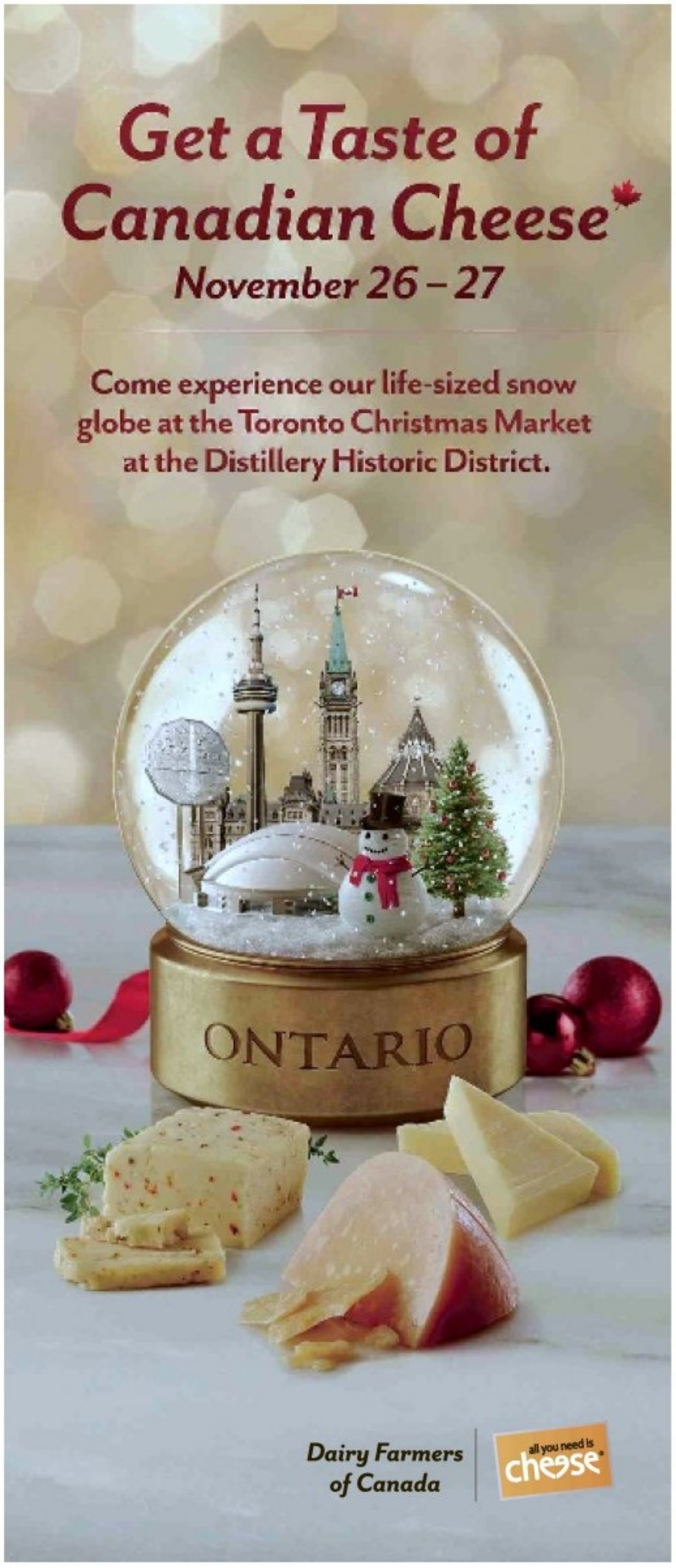
This neighbourhood has a well-earned reputation for outstanding recreational facilities. Dining options include everything from spectacular brunch cuisine to quick late-night noshes, from casual bistro style to brew pubs to gelato specialists and a wide variety of ethnic delights. Sushi, sandwiches, souvlaki — there is no better place in Toronto to launch a foodie odyssey.

There are three movie theatres within walking distance, and more than a dozen art galleries and antique shops. Excellent elementary and high schools, and several libraries are just as close. Moore Park Ravine, eight kilometres of scenic trail that passes through Rosedale Ravine to the lovely Don Valley Brickworks Park, is nearby too, with thick woods and wetlands that are home to a profusion of birds and wildlife.

You'll find a fitness option to suit every taste, whether you want a high-energy kickboxing class, to wind down with yoga, or just to slip into serenity at a local spa. The shopping is also exceptional: Mable's Fables, one of Toronto's best-loved children's book stores, is a pleasant stroll east, and Restoration Hardware, for those who love home design and decor, is the same distance north. Apparel options are numerous, from trendy to classic, linens, toys to kitchen stuff.

There's a real feeling of community here, too, with many family-oriented events throughout the year, like the recent Harvest Fair and a seasonal farmers' market. It's labelled a "Walker's Paradise" by walkscore.com, and scores a 96 per cent for both pedestrians and riders thanks to its excellent bike trails. Highways 401 and the Don Valley Parkway are each just a 15-minute drive for those who want to hit the road.

Explore J. David House for yourself: With construction starting soon, visit the sales centre at 1955 Yonge Street, steps north of Davisville Avenue. Hours are Mondays to Thursdays from noon to 8 p.m., Fridays from 1 p.m. to 6 p.m., and weekends from 11 a.m. to 6 p.m. You can also discover a wealth of information at jdavishouse.com.



CONTRIBUTED

A wow-worthy cheese platter

Impress with a tasty centre-piece for your festive table

Even if you love the holidays, the round of shopping, entertaining and decorating can begin to feel like an endurance test. So when planning for the next holiday get-together, nix the late-night baking sessions and make it easy on yourself by serving a simple but sumptuous cheese plate.

Here's what you need to know to create a showstopper:

Can you ever have enough cheese?
Okay, the answer to that is a resounding no. But as a rule of thumb, cheese experts suggest choosing three to five different cheeses and counting on about 90 to 150 grams of cheese total per person for an appetizer plate; 45 to 60 grams total per person for an after-dinner plate; and 250 grams total per person for a cheese tasting.

Compare and contrast
When it comes to determining what cheese should grace your plate, opt for a variety of tastes and textures. Choose three to five cheeses, including a hard cheese such as Canadian Parmesan, a semi-hard cheese like Canadian Aged Gouda or Cheddar, with a soft bloomy cheese (think a delicately runny Canadian Brie or Canadian Camembert) and perhaps a rich veiny Canadian Blue, a nutty Canadian Swiss Cheese or a smoked cheese.

Add a little oomph
Savoury nuts, marinated olives, cured meats or sun-dried tomatoes will add colour and variety to your plate. And the sweetness of honey, dried fruits, fig jam or chutney and plump grapes, sweet berries or crisp slices of apple or pear make a fine complement.

Room to breathe
Set your cheese out at room temperature at least 30 minutes prior to serving to let the flavours develop. Allow space between the cheeses on the plate and provide a separate serving knife for each to avoid muddling the flavours. Make it easy for guests to identify their favourites by labelling each cheese. And carve a few slices to get the ball rolling, as guests may hesitate to be the first one to, well, cut the cheese.

To Cheddar and beyond

There was a time when the most exotic cheese you were likely to find on your grocery-store shelf was a sharp Cheddar. But in recent years, Ontario cheese-makers have been pushing the envelope with a range of fine artisanal cheeses. Here are a few local cheese stars and their mouth-watering offerings:

- *Mountainoak Cheese Ltd. (New Hamburg): Canadian Gouda (the Extra Aged is 2015 Canadian Cheese award winner), plain or spiced with cumin, black pepper and black truffles.*
- *Thornloe Cheese (North Thornloe): Canadian Brie, Asiago, Blue Cheese and Mozzarella.*
- *Gunn's Hill Artisan Cheese (Woodstock): Canadian Farmstead and Swiss type cheeses (Handeck won the 2015 Canadian Cheese award).*
- *Upper Canada Cheese Co. (Lincoln): Canadian Camembert-style Comfort Cream, fresh and washed rind cheeses.*

metro SPORTS

"I am vehemently against it": Montreal-raised actor/filmmaker Jay Baruchel is still upset over the P.K. Subban trade

First lady 25 years later

HOCKEY

Goalie became first woman to play in major juniors in 1991

Every few years, Manon Rheaume gets asked about Nov. 26, 1991, the night she made hockey history.

Playing in goal for the Trois-Rivieres Draveurs, the then-19-year-old Rheaume became the first woman ever to appear in a regular-season game in the Quebec Major Junior Hockey League.

Through guts and perseverance, Rheaume became a pioneer.

It all started when Gaston Drapeau, head coach and general manager of the Draveurs, invited the Lac-Beauport, Que., native to training camp.

"People had said no to me so many times because I was a girl that when someone gave me a chance I said, 'Yes, I'll take it,'" Rheaume, 44, said in an interview at her home near Detroit. "It was a chance to experience hockey at a higher level."

Manon held her own, posting the third-best goals-against average among the six goalies in camp. That earned a chance to play in a pre-season game against the St. Jean Lynx.

"The guys were pretty excited in the dressing room," recalled Norman Flynn, the Lynx coach at the time. "They couldn't wait to fire shots at her to see how she would do."

She was sent down to the Tier-2 Louiseville Jaguars after the game, but not without drawing praise from Drapeau. And when starting goalie Jean-Francois Labbe was injured in mid-September, she was recalled to act as backup to the No. 1 goalie — future NHLer Jocelyn Thibault.

After warming the bench for two games, her big moment came in the middle of the second period of a game against the Granby Bisons, before a crowd of 2,025.

Rheaume entered with the game tied 5-5, and the first test came against Philippe Boucher, a defenceman with a booming shot who later played in the NHL.

"I came across the red line and took a shot, and the puck hit her pads and stopped on the goal-line," said Boucher, now head coach of the Quebec Remparts. "We all wanted to be the first to score on Manon.

"We were 17 or 18 years old. Manon was the star that night, but we wanted to have our part in it."

MAKING IT TO THE SHOW

- On Sept. 23, 1992, Rheaume became the first woman to play in an NHL pre-season game for the Tampa Bay Lightning.
- Rheaume played one period, allowing two goals on nine shots against the St. Louis Blues.

THE ASSOCIATED PRESS FILE

> The night he let me play, he put aside the fact that I was a girl and looked at me as a goaltender.

Manon Rheaume with three of her masks this month in Detroit. PAUL CHIASSON/THE CANADIAN PRESS

Rheaume allowed three goals on 17 shots before leaving the game with a cut over an eye when her mask was shattered by a shot from Patrick Tessier. She was chosen as third star of the game despite her team's 10-6 defeat.

"I was just very grateful to Mr. Drapeau for inviting me to camp," said Rheaume. "The night he let me play, he put aside the fact that I was a girl and looked at me as a goaltender."

Rheaume ended up playing 24 men's pro games in a variety of leagues over the years. She also made her mark in women's hockey, winning gold medals with the Canadian team at the 1992 and 1994 world championships and taking silver at the 1998 Winter Olympics in Nagano, Japan.

Today, she helps run the girls hockey program for Little Caesars, an organization associated with the Detroit Red Wings, and coaches the under-12 girls team. She had a foundation that provides funds to girls under 19 in sports. She is also on the organizing committee for the 2017 women's world championship in Plymouth, Mich.

"To have a chance to earn a living in the sport I love, I couldn't ask for more," Rheaume said. THE CANADIAN PRESS

GREY CUP 2016

Friends at helm of title match

They'll be on opposite sidelines as Grey Cup adversaries Sunday, but Rick Campbell and Dave Dickenson are hardly strangers.

They became good friends working together as assistants under Calgary head coach John Hufnagel from 2012-13 before Campbell left to become the Ottawa Redblacks' head coach. Dickenson remained and succeeded Hufnagel as Stampeders head coach this season.

Both will chase their first Grey Cup title as a head coach Sunday when Ottawa faces Calgary in Toronto. And while the two often spoke about football during their time together, Campbell admitted Wednesday at the annual Grey Cup coaches news conference they didn't always talk shop.

"We usually talked about music or our celebrity crushes, things like that," Campbell said with a smile. "Or how crazy it would be to be head coaches."

Dickenson led Calgary to a league-best 15-2-1 record as a first-year head coach, the 15 wins being the most ever recorded by a rookie head coach in a season.

Campbell and the Redblacks became the first team in CFL history to secure first in a division with a losing mark (8-9-1).

The pressure this week is squarely on Calgary to cap its dominant season with a championship. The Stampeders opened the week as early nine-point favourites. THE CANADIAN PRESS

HOCKEY

Szabados returns to Canadian roster

Goaltender Shannon Szabados has returned to the Canadian women's hockey team.

The 30-year-old from Edmonton was among the 22 women named to Canada's roster Wednesday for a two-game series against the United States in December. The archrivals meet in Plymouth, Mich., on Dec. 17 and again in Sarnia, Ont., on Dec. 19.

Szabados hasn't been on the ice with the Canadian women since Feb. 20, 2014, when her 27 saves helped Canada win the Olympic women's hockey final in Sochi, Russia.

Shannon Szabados
GETTY IMAGES FILE

She spent the last two seasons in men's pro hockey playing goal for the Columbus Cottonmouths of the South Professional Hockey League with a record of 20-20-6. THE CANADIAN PRESS

IN BRIEF

FIFA boss likes the thought of 48-team World Cup

After campaigning for a 40-team World Cup, FIFA president Gianni Infantino is now leaning toward an even bigger expansion to 48.

"I like 48 because it gives a particular flavour, but I'm still really torn," Infantino said Wednesday after meetings outside Paris.

Infantino said he is also warming to the introduction of video replays to prevent refereeing errors.

THE ASSOCIATED PRESS

RUGBY

New Zealand defeats No. 2-ranked Canada

Fullback Selica Winiata scored two tries as top-ranked New Zealand defeated No. 2 Canada 20-10 in international women's rugby on Wednesday in Dublin, Ireland.

The Black Ferns extended their win streak over Canada to 12 games. The two teams will meet again next August in pool play at the Women's Rugby World Cup in Ireland.

Aotearoa Mata'u added a try and Kendra Cocksedge kicked a penalty and conversion for New Zealand, which led 8-0 at the half at Donnybrook Stadium.

Magali Harvey and Laura Russell scored tries for Canada.

The loss followed Canada's 48-7 win over No. 5 Ireland last weekend. Francois Ratier's team wraps up its European tour Saturday against No. 3 England in London.

New Zealand, which beat England 25-20 on Sunday, wraps up its tour on the weekend against Ireland. THE CANADIAN PRESS

I just did my best and the guys certainly have a purpose. We play for more than ourselves.

Stampeders head coach Dave Dickenson

Evolution of TFC is evident

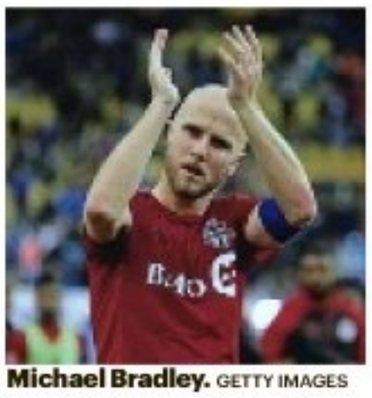
MLS PLAYOFFS

Comeback in Montreal shows the progress of Vanney's men

When Michael Bradley looked around the locker-room in 2014, his first season at Toronto FC, he saw a team "too young and too naive."

Greg Vanney, who took over as manager with 10 games remaining that season, also saw problems. He recalled a seminal moment in August 2014 when GM Tim Bezbatchenko sent a message to the team via the media, saying it was time to "to take it up a notch." Instead the squad looked disinterested in a 3-0 loss to New England.

"I took that as maybe we don't have enough seasoned men in this team," Vanney said later. "And maybe we don't have enough guys who know how to win." Manager Ryan Nelsen and five members of his coaching staff were fired the day after the New England loss, with Vanney taking charge. Two seasons later and Toronto FC is exhibiting the kind of maturity and resilience that Vanney and Bradley, now captain, have been after.



Michael Bradley. GETTY IMAGES

> **"There isn't a TFC team before this that probably would have been able to dig themselves out of a hole like that.**
> Greg Vanney

Down 2-0 after 12 minutes and 3-0 after 53 minutes Tuesday night, Toronto rallied with two valuable away goals in the 68th and 73rd minutes in a 3-2 loss to the Montreal Impact in Game 1 of the MLS Eastern Conference final. Despite the defeat, Toronto returns home for the second leg on Nov. 30, knowing the slimmest of wins will move it into the MLS Cup final against either Colorado or Seattle.

The comeback had the club's braintrust — Maple Leaf Sports & Entertainment chairman Larry Tanenbaum, Toronto president Bill Manning and Bezbatchenko — smiling in the locker-room afterwards. "We were saying there isn't a TFC team before this that probably would have been able to dig themselves out of a hole like that," Vanney said. "That's a tribute to the character of this group." THE CANADIAN PRESS

SEEK A NEW HOME IN SOUTH AMERICA

Ecuadorian golf resort offers sunny escape to snowbirds and retirees

Roughly 300 sunny days a year. A fresh breeze off the coast, yet access to mountains. Modern condominium relaxation amidst a beautiful golf course with access to multiple restaurants.

When it comes to selling Ecuador as a destination via a new Canadian project, the Montecristi Golf Club and Villas almost sells itself.

"There's a very big community of people going down now," says Joey Perugino, head of North American sales for the Montecristi Golf Club and Villas. "It could be snowbirds going, but it also could be people who stay year round." To date, phase one of the project has already had 400 out of 990 lots sold.

The reach is wide on the Montecristi Golf Club and Villas initiative — it encompasses a Par 72, 18 hole championship golf course, a clubhouse, three restaurants, a golf school and more. It also happens to be conveniently located: nine kilometres from the port of Manta, the Murcielago beach and, of course, the Pacific Ocean.

CONTRIBUTED

Access to Ecuador

The project taps into an increasing interest in this South American country. "We want people to discover Ecuador as a destination. It's been one of the top countries for retirees in the last five to 10 years," says Perugino. The travel time seems to be worth it to get to this sunny and warm destination — a Toronto- or Montreal-departing flight through South American carrier Copa Airlines takes about eight hours including a stopover in Panama, Perugino notes.

Reside in style

The residential area of Montecristi Golf Club and Villas, which overlooks the golf course, is housed inside a "mini-city" that covers a total of 1,000 hectares. To date, the project has 498 fully urbanized lots which offer a mix of single family as well as two-family lots and condominiums.

Inside the residences, the Montecristi Golf Club and Villas aims to offer elegance with imported faucets, granite countertops and exclusive finishes. It's all part of the look that was ultimately created by BASE Architecture of Quito.

"They've won awards for the quality of the architecture and the quality of construction and design," says Perugino. "It's really a very upscale project. To have something similar in Toronto or Montreal, the same lifestyle on a golf course and nice house, things like that, it'd cost you millions of dollars to just get the house. There, it's another world."

Montecristi GOLF CLUB & VILLAS Experience !

Toronto:
Date: Thursday, November 24th, 2016.
Location: Workhaus 100 Front St. E. (4th Floor)
Toronto, ON M5A 1E1
Time : 5:30PM to 7:30PM
Registrer : www.flagstoneventures.com/events

Vancouver:
Date: Saturday, November 26th, 2016
Location: Creative Coworkers Unit B1 (buzz #010)
343 Railway St. Vancouver, BC V6A 1A4
Time: 2:30PM to 4:30PM
Registrer : www.flagstoneventures.com/events

Montreal:
Date: Tuesday, November 29th, 2016
Location: WeWork 3 Place Ville Marie (4th floor)
Montreal, Québec H3B 2E3
Time: 6:00PM to 8:00PM
Registrer : www.flagstoneventures.com/events

www.**montecristigolfclub**.com

Learn about investment and retirement opportunities in Ecuador

- Lots & condos with golf course views
- Enjoy 300 sunny days per year
- 9 Km. to the ocean & beach club
- Ready to move in

Hole 10

ZÉFIRO Condominium

Social Area

Club House

Info: 1-800-224-0712 / 514-452-0022 **e-mail:** info.na@montecristigolfclub.com

UEFA CHAMPIONS LEAGUE

Bayern freezes up in Russia

Bayern Munich had to settle for second best after losing to tenacious Russian club FC Rostov 3-2 in a Champions League match played in -5 C weather on Wednesday.

Bayern will now finish second in Group D and Rostov was already eliminated, but can reach the Europa League.

Two months after beating Rostov 5-0, Bayern struggled to deal with Rostov's counterattacks and never-say-die spirit which brought it back from 1-0 down to claim arguably the most famous win in the club's history.

Douglas Costa scored the opening goal in the first half, blasting the ball into the roof of the net after Rostov defender Cesar Navas failed to clear properly.

Rostov striker Sardar Azmoun levelled it eight minutes later, just before halftime. Azmoun charged into the Bayern box and sent Jerome Boateng sprawling with a feint before hitting the ball low past Bayern goalkeeper Sven Ulreich.

Rostov took the lead after the break when Boateng brought down Christian Noboa in the box and Dmitry Poloz stepped up to hit the penalty low past Ulreich.

Five minutes later, Bayern pulled level when Juan Bernat scored from a narrow angle.

Noboa hit the winner in the 67th, curling a 20-metre free kick over the Bayern wall and into the bottom-right corner.

THE ASSOCIATED PRESS

WEDNESDAY'S RESULTS

- **FC Rostov 3,** Bayern Munich 2
- Besiktas 3, Benfica 3
- Celtic 0, **Barcelona 2**
- Ludogorets 0, FC Basel 0
- **Atletico Madrid 2,** PSV Eindhoven 0
- Napoli 0, Dynamo Kiev 0
- Arsenal 2, PSG 2
- Manchester City 1, Borussia Monchengladbach 1

Sardar Azmoun GETTY IMAGES

metro Spiritualist Forum

To advertise contact Ian March at 416-443-4388

SPIRITUALIST OMAR
Very Powerful Spiritualist, Medium and Healer with a Special Gifted Power to:
- Reunite loved ones, marriage and family.
- Help Prevent Divorce & Break up
- Good luck in finding lasting soul mates.
- Help with Serious Court cases.
- Lucky charm for individuals and business.
- Helps with children and family problems.
- Protection against enemies and evil spirits.
- Helps relieve negative energy.

Thank you Omar for bringing my boyfriend back to my life. We are in a much better place now...we no longer argue and he is very sweet and kind to me. - LISA

CONFIDENTIAL Payment after results 100% guaranteed
647-707-2315

OM SHAKHTHI ASTROLOGY CENTER
Master: DEVDAS SWAMY JI
TAKE RIGHT DECISION AT RIGHT TIME
He understands Problems & Gives Right Guidence
Marriage, Business, Job, Enemy, Sexual, Family
Children, Health, Love, Money, Depression etc
I CAN HANDLE ANY PROBLEM
Removes Black Magic, Bad Luck, Obeya and Voodo in 7 Days & Gives Immediate Protection
647-709-3459, 647-741-9097
5210 Finch Ave E, #1, Scarborough, M1S 4Z6
(MIDDLEFIELD & FINCH, INSIDE GOLDEN BAKERY)

JANE & LAWRENCE # NO. 1 ASTROLOGER
GUARANTEE, 100% SATISFATION
MASTER JAI DEVA GURUJI
Generation to Generation
BORN TO SERVE PEOPLE
Helps in Health, Depression, Job, Love, Marriage, Husband-wife Divorce, Enemy, Jealousy, Children
CALL MASTER
Removes Black Magic, Evil spirits, Jadoo & Gives 100% Protection
647-669-1729
1672 Jane St. Toronto Call for 1 FREE QUESTION
(Jane & Lawrence) Opposite NO FRILLS

MOST POWERFUL INDIAN SPIRITUALIST & PSYCHIC
Master: SHIVRAJ
Get Solutions & Suggestions for:
Job, Business, Family, Health, Court, Jealousy, Enemy, Husband-Wife
Problem, Divorce, Financial Matter, Depression, Sexual Problem, Stress, Bad Luck, Generation Curses etc
Performs Powerful Prayers to remove Black magic, Jadoo, Vodoo, Witchcraft, Obeya, Evil Spirits & Gives Protection
100% Guaranteed Results, Privacy & Confidentiality Assured
647-712-9009
2726 Danforth Ave, Toronto M4C 1L7
Opposite CANADIAN TIRE
(DANFORTH AVE & MAIN ST.)

INDIAN ASTROLOGER & PSYCHIC
YOUR WORRIES END HERE
Pandit: RAGHURAM
Specialist in: PALM READING * FACE READING * HOROSCOPE
* Husband-Wife Dispute
* Love Marriage
* Family Problem
* Health, Court
* Divorce, Education
* Immigration, Lottery
* Gives you Sleepless Nights
* Solves all Problems
Removes Jadoo Black Magic, Buttu Vodoo, Obeya, Wichcraft Gives 100% Lifelong Protection
GUARANTEED IMMEDIATE SOLUTIONS.
PRIVACY ENSURED
Effective Telephonic Conversation
www.astrologerraghuram.com
416-371-8396
2655 Lawrence Ave E, #2B Scarborough M1P 2S3, Beside Mosque
(LAWRENCE AVE E & MIDLAND AVE)

Scarborough Famous Astrologer & Psychic
100% GUARANTEE Pandit: TULASI 100% SUCCESS
MASTER SOLVES PROBLEMS LIKE:
* Divorce * Court * Work * Husband-Wife * Children
* Business * Finance * Drinking * Health * Family
* Lottery * Success * Job * Bad Luck * Depression
Removes Black Magic, Jadoo, Vodoo & Gives 100% Protection
647-919-3644
639 Markham Rd, Scarborough ON M1H 2A4
Inside BOLLYWOOD 4 U, Next to SHOPPERS DRUG MART (MARKHAM & LAWRENCE)

BEST SCARBOROUGH PSYCHIC & ASTROLOGER
Pandit: SHANKAR NARAYAN
Specialist in all types of Indrajaal, Mahendrajaal. Removes Black Magic, Jadoo, Vodoo, Obeya & Gives 100% Protection
BEST SOLUTIONS FOR BEST FUTURE
Removes Problems related with Health, Marriage, Love, Business, Job, Money, Jealousy, Court, Divorce, Children, Enemy, Husband-Wife Etc
Powerful & God Gifted Spiritual Healer.
He can Handle all Kind of your Problems
416-520-4929
4510 Kingston Rd Scarborough, M1E 2N8
(KINGSTON & MORNINGSIDE)

Psychic & Spiritual Healer
Pandit: VARUN BABA
BORN TO SERVE PEOPLE
Generation to Generation
Master is in Removing Black Magic, Jadoo, Vodoo, Obeya, Witchoraft, Bad Curses, Jinn all Evil spirits etc & Gives Protection
Expert in Helping with all Problems like Health, Depression, Love, Job, Family, Husband-Wife, Relation, Children, Court, Employment, Business etc
SPECIALIZED IN BRINGING LOVED ONES BACK
647-920-4439
1735 Kipling Ave, TORONTO M9R 2Y8
Next to FOOD BASICS (KIPLING & DIXON)

SPIRITUAL ASTROLOGER & PSYCHIC CENTER
Master: HARI KRISHNA 5th GENERATION PSYCHIC
SPECIALIST IN BRINGING BACK GOOD HEALTH IN 9 DAYS
Tells Past, Present & Future.
Health, Happiness, Love, Work
Family, Husband-Wife, Children
Jealousy, Money, Court, Sexual
Enemy, Lottery & Good Luck etc
SPECIAL: I WILL REJOIN LOVERS IN 9 DAYS
REMOVES BLACK MAGIC, JADOO, WITCHCRAFT, EVIL SPIRITS & PROVIDES LIFELONG PROTECTION
647-299-7352
2519 Finch Ave W, North York M9M 2G1 (FINCH & MILVAN)
Major Intersection - FINCH & WESTON

UNIQUE ASTROLOGER
POWERFUL SPIRITUALIST FROM INDIA
Master: SHIVANANDA
647-643-1541
Solves Problems: Health, Depression, Family, Love, Money, Court, Enemy, Jealousy, Business, Job, Negativity etc
100% GUARANTEE
SPECIALIZED IN BRINGING LOVED ONES BACK
EXPERT IN REMOVAL OF BLACK MAGIC, BLOCKAGE EVIL SPIRITS, BAD CURSE, WITCH CRAFT, VOODOO OBEAH, JEALOUSY & ALL EVILS QUICK RESULTS
GIVES 100% PERMANENT, LIFETIME UNBREAKABLE PROTECTIONS
FREE READING MON & SAT
5210 Finch Ave E, UNIT #5, Scarborough M1S 4Z6
Next to SAMOSA KING (MIDDLEFIELD & FINCH)

STAR ASTROLOGY & PSYCHIC CENTER
PANDITH : SARVESHWAR JI
IF YOU HAVE PROBLEMS, HE HAS SOLUTIONS
* Relationship * Depression * Family Arguments * Misunderstanding * Worried About Love
* House * Love * Property * Marriage * Childless Couples
* Business * Finance * Divorce * Jealousy * Court Matters
GET HAPPINESS & PROSPERITY IN YOUR LIFE BY PANDITH'S UNIQUE PRAYERS OF MOOLMANTRAM & OMKARA MANTRAM
REMOVE BLACK MAGIC, JADOO, VOODOO, BUTTU, WITCH CRAFT & GIVE 100% PROTECTION
647-287-4880
19 Woodbine Downs Blvd, Etobicoke
(FINCH & HWY 27)

SRI HANUMAN ASTROLOGER & PSYCHIC
Pandit: BABU SWAMY
MEET RIGHT PSYCHIC, TAKE RIGHT DECISION
Master in Palm & Face Reading, Horoscope. Solves any Kind of Problem. Depression, Family, Husband-Wife, Love, Kids, Court, Jealousy, Money, Sexual, Enemy etc
REMOVES BLACK MAGIC, JADOO, VODOO, WITCHCRAFT, OBEYA, EVIL ENERGY & GIVES LIFELONG 100% PROTECTION
647-973-4754
100 Maritime Ontario Blvd, Unit 77, Brampton L6S 0E7, Next to HOME DEPOT, Major Intersection: AIRPORT RD. & QUEEN ST. E

PSYCHIC SPIRITUAL ADVISOR MONA
I restore luck and happiness and will call out your friends and enemies by name. I will tell you your past as it was, your present as it is, and your future as it will be. 40 years experience. Superior to all others.
CALL FOR 1 FREE QUESTION
416-222-8201
9am-9pm | Yonge/Finch

metro
Tell us how you really feel.
Join our online reader panel and help make your Metro even better. metronews.ca/panel

FINANCIAL

GET OUT OF DEBT!
CALL THE
Licensed Debt Professionals™
• Avoid Bankruptcy
• 1 Low Monthly Payment
• No Interest Charges
• Stop Collection Calls
• Government Licensed Proposal Administrators
DAVID SKLAR, CPA, CA, CIRP, LIT
Free Consultation 310-9200
DAVID SKLAR & ASSOCIATES INC.
Proposal Administrators • Financial Counsellors • Licensed Insolvency Trustee
HEAD OFFICE: 245 Fairview Mall Drive, Suite 720, Toronto, ON, M2J 4T1
NORTH YORK • TORONTO • PICKERING / AJAX • MISSISSAUGA / ETOBICOKE • BRAMPTON
www.DavidSklar.com

STEVEWELKER.CA
DEBT RELIEF WHEN YOU CAN'T REPAY
Free Advice 647-793-6411
CAN YOU REPAY YOUR DEBT ON YOUR OWN?
IF NOT, OUR SERVICES
• Stop: Collection Calls, Interest, Lawsuits & Garnishments
• Reduce Your Debt & Stress
• Don't Require Money Up-Front
• Consolidate Your Debt
• Bankruptcy Is Always The Last Resort
MAIN OFFICE: 1969 WESTON ROAD
Walker and Company Inc. Licensed Insolvency Trustees
647-793-6411
Barrie | Brampton | Burlington | Downtown | Etobicoke | Markham | Mississauga | North York | Scarborough | Whitby

shed the debt®
for pennies on the dollar
credit cards • tax arrears • student loans
wage and bank garnishments
call 1-855-541-5114
for fast friendly debt relief anywhere in Ontario
free meeting, no obligation
evening and Saturday appointments
Goldhar®
www.shedthedebt.ca
Goldhar & Associates Ltd. Licensed Insolvency Trustee

UP TO $1000 Loan
No credit checks
Paid over 3 to 5 months
No documents to return
Instant approval
1-800-NEW-CREDIT (639-2733)
Brokers Lamina

MORTGAGE APPROVED!
• 1st and 2nd Mortgage for any purpose.
• Refinance to 87%. Purchase to 95%.
• With rates at historic lows, now is the time to re-finance your home!
• Consolidate cards into 1 payment
• Self-employed? Stated income.
• Good and bad credit are welcome!
• Behind in Mortgage Payments?
WE CAN HELP!
HOMELAND MORTGAGE
416-913-9593
WWW.HOMELANDMORTGAGE.ORG
License # 11561

MORTGAGES
1st & 2nd Mortgages
Debt Consolidation
*Low Rates, *No Fees
Bad Credit Welcome
*CREDIT APPROVED
*terms and conditions apply Lic# 10154
Mortgage Genie
www.mortgagegenie.org
416-667-9834

wineva
Fixed rate
Paid Monthly
MTG Secured
2 year term
MAKE YOUR MONEY WORK HARDER
13% Earn per annum paid monthly
wineva.com

LOWEST RATES for bad credit loans since 1984
What would you do with $20,000?
PFS
✓College Tuition?
✓Home Renovation?
✓Wedding?
✓Travel?
You decide.
Paid off car 6 years or newer?
Borrow up to $20,000 the same day!
416-634-2013 BorrowWithYourCar.com
*Call for details and conditions
A division of Prudent Financial Services

CALL ERIKA
(LICENSED DEBT EXPERT)
STOP COLLECTION CALLS
GET DEBT RELIEF NOW!
Reduce or Eliminate Tax Debt too.
Stop Garnishments and Court Actions
Debt Proposals, Debt Counselling, Avoid Bankruptcy
Call NOW to talk with a Government-Licensed Expert
Low income? No problem! Ask about our affordable, very low fee to get Debt-Free.
We're here to help. Friendly, Caring Professionals.
Free consultation. Same day appointments.
1-877-332-8416
416-288-8048
Scarborough (Main office), Weston, Brampton, Oshawa, Mississauga (Pt Credit)
Rusinek & Associates Inc Licensed Insolvency Trustee www.rusinek.ca

EMPLOYMENT

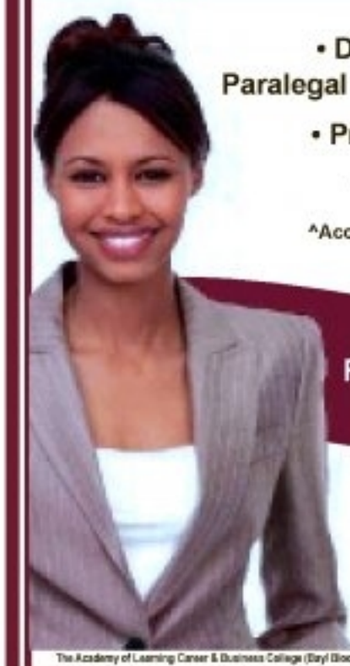
telecon

CONSTRUCTION JOB FAIR
Now hiring for Outdoor
LABOURERS, LOCATORS,
RIGGERS and FIBER TECHNICIANS.
WHEN: December 5th 11:00AM—7:00 PM &
December 6th 8:00AM—3:00PM
WHERE: Delta Hotel at 2035 Kennedy Road
(Kennedy & 401)
For more details visit Telecon.ca or
contact Shriya at 905-474-7339

EDUCATION

Become a Personal Support Worker in Months!

Financial Assistance May Be Available to Those Who Qualify
ANDERSON COLLEGE OF HEALTH, BUSINESS AND TECHNOLOGY
YOUR TRAINING, YOUR CAREER, YOUR FUTURE.
Downtown: 647.691.0914
North York: 647.360.7253
ANDERSONCOLLEGE.COM

PARALEGAL^. IMMIGRATION^. LAW CLERK

• Dual Qualification Bursary + Paralegal License Bursary of $3,235!
• Programs include Practicum
• Faculty includes Lawyers
^Accredited by LSUC *Accredited by ICCRC
RECEIVE $1235 OR $3235 IN LEGAL BURSARIES
AOLTORONTO.COM
647.360.8212
The Academy of Learning Career & Business College (Dayl Bloor) is registered under the PCC act 2005 and operated by 1069195 Ontario INC.

RECIPE Coconut Lentil Soup

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

Ginger, curry and coconut give this soup rich and complex flavours.

Ready in 30 minutes
Prep time: 5 minutes
Cook time: 25 minutes
Serves 6

Ingredients
- 1 Tbsp olive oil
- 1 onion, diced
- 2 large carrots, peeled and diced
- 2 cloves of garlic, minced
- 1 Tbsp fresh ginger, minced
- 1 Tbsp curry powder
- 1/2 tsp each cinnamon and cumin
- 1/3 cup tomato paste
- 4 cups vegetable stock
- 3 cups water
- 1 can coconut milk
- 2 cups dried red lentils
- 1 big handful of fresh spinach, sliced into ribbons
- Juice 1/2 lemon
- Salt and pepper to taste

Directions

1. Heat oil in a big pot over medium heat. Add onions and carrots and cook until they soften, about 3 minutes. Toss in garlic, ginger and spices. Stir and cook for another 3 minutes. Add the tomato paste and stir again.

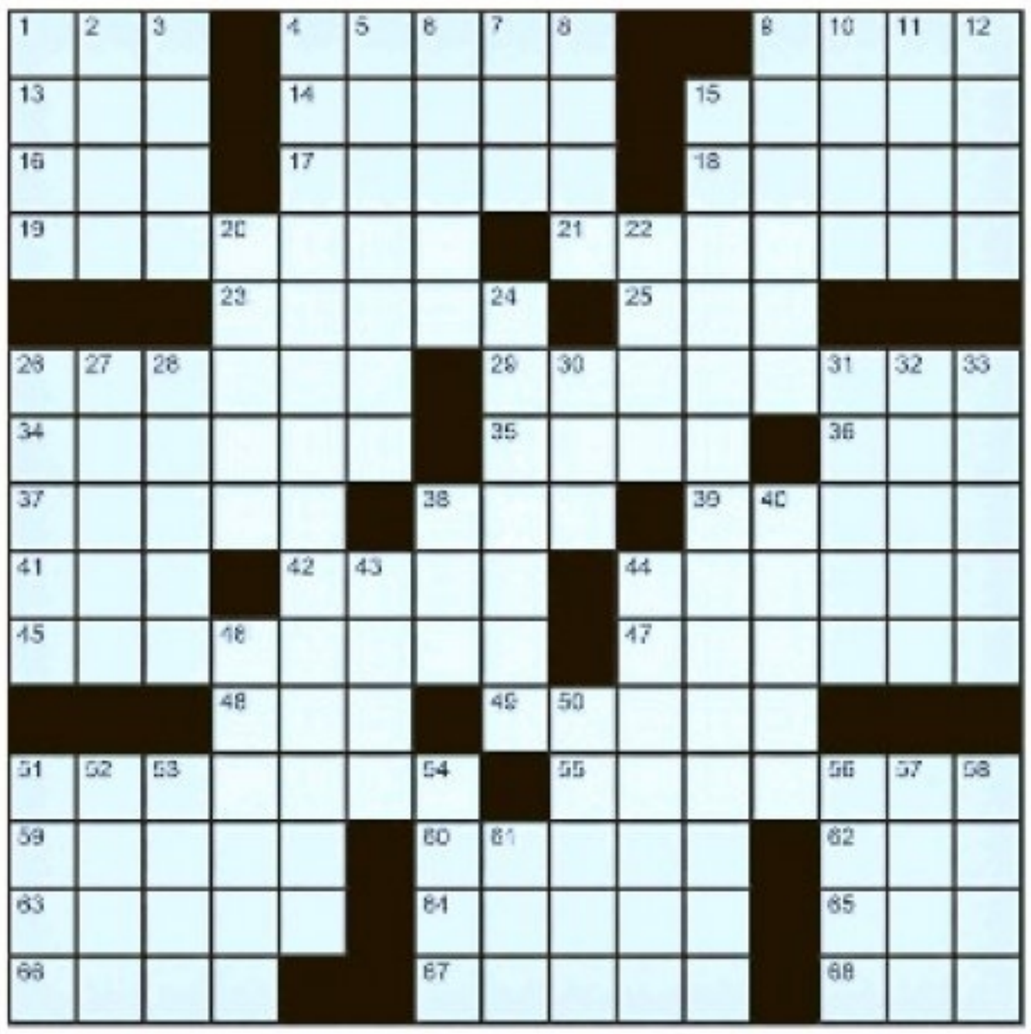
2. Pour in stock, water, coconut milk and lentils. Stir and let it simmer — not boil — for about 25 minutes. Taste to check that lentils are tender.

3. Throw in the spinach and stir it around until it just wilts. Add the lemon juice and taste before adjusting for salt and pepper.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Car's craving
4. Finishes a room's 'roof'
9. Horus and Apollo
13. Fitting
14. Year's historic record
15. Variant-spelled hawk's nest
16. Last letter, USA-style
17. Big name in motor scooters
18. Earthy pigment
19. Drastic
21. Server at Starbucks
23. Segments
25. Richie's portrayer on "Happy Days"
26. Next to
29. Vacationing visitors
34. Ottawa-born singer/songwriter Ms. Morissette
35. Town in Quebec near Lac Saint-Jean
36. Even if, briefly
37. Canadian band, Doug and The __
38. "Why, __ be an absolute honour!"
39. Jack __, Kiefer Sutherland's "24" role
41. One of a white canvas sneaker brand
42. Own
44. Melancholy in mood
45. Haughtier
47. Spectrum sources
48. Chap
49. Undercover agents
51. Warrior of Japan
55. Facing difficulty: 3 wds.
59. Preamble
60. Forged material
62. Lacto-_ vegetarian
63. Contests of ancient Greece
64. Belgian tenor/Elvis impersonator, Helmut __
65. Australian band, __ At Work
66. Wrongdoing, in law
67. Bottomless pit
68. Before

DOWN
1. Fixed stare
2. Top
3. Proofreader's mark
4. Canadian potatoes brand (frozen French Fries, fresh potatoes, etc.) since 1980: 2 wds.
5. Foes
6. Map detail
7. Around-the-track unit
8. Hunk
9. Horoscope sign
10. Spheres
11. __ Coke
12. Doubled Doris Day song word
15. Northern Lights: 2 wds.
20. Regretting
22. __ lily
24. Declarants
26. Suns
27. "Juno" (2007) star Ms. Page
28. __ Arabia
30. __-fashioned
31. Concert ticket remnants
32. Heat unit equivalent to 100,000 BTUs
33. Bruises, for example
38. 'Excess' ender
40. Awry
43. Verdi opera
44. Sorts of small pianos
46. Articulate
50. Devoutness
51. Tiff
52. Ti-Cat's rival
53. Berth
54. Filmdom's Ms. Fisher
56. __ and Circumstance
57. "Head __ Heels" by The Go-Go's
58. Singing voice characteristic
61. From A __ _ (Step-by-step)

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
A discussion with a partner or close friend will be super intense today. However, the bottom line is that you want to make things better for everyone. This you all can agree on.

Taurus April 21 - May 21
At work today, you'll have intense relations with foreign countries or people from other cultures. You are enthusiastic about introducing reform and ways to expand.

Gemini May 22 - June 21
This is a great day to make ambitious vacation plans. In fact, all your ideas to socialize and explore the arts and enjoy yourself are exciting!

Cancer June 22 - July 23
You have great real-estate opportunities and chances to improve your home in the coming year. Today is a good day to start thinking about what you want to do.

Leo July 24 - Aug. 23
Your enthusiasm for something is the energy that will carry you through. That's because everything basically starts in your mind, doesn't it?

Virgo Aug. 24 - Sept. 23
This is an excellent day to think of how to boost your income now and in the future. Trust your money-making ideas. You can do this.

Libra Sept. 24 - Oct. 23
Because lucky Jupiter is in your sign this year for the first time since 2004, you are on a roll! Make the most of this opportunity to explore your good fortune.

Scorpio Oct. 24 - Nov. 22
Powerful things are taking place in your life now, which affects your view of the world. This is why you want to explore your inner world more deeply.

Sagittarius Nov. 23 - Dec. 21
You might join a group or be involved with people who will change your way of looking at things. They will expand your world and affect your future goals.

Capricorn Dec. 22 - Jan. 20
This year you have a chance to really boost your reputation in the eyes of others. Today, you begin to see ways to do this.

Aquarius Jan. 21 - Feb. 19
Big travel plans or an introduction to a belief system might change your life this year. You are getting an inkling of what is going to happen by what you are planning today.

Pisces
Feb. 20 - March 20
The support you receive from others is undergoing a major overhaul. The bottom line is simply this: It has to benefit you. Make sure this happens.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	5			4			2	
		7			8			
						1	3	
		1			6	9		
3		4		1		7		8
		5	9			3		
	7	8						
			1			4		
	6			9			8	

©2014 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

THE HANDY POCKET VERSION!
Get the news as it happens
metro
Download the Metro News App today at metronews.ca/mobile

YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games

3	1	9	4	6	7	2	8	5
8	7	2	9	5	3	6	1	4
4	6	5	1	8	2	3	9	7
7	5	4	3	9	1	8	6	2
2	8	3	6	7	4	9	5	1
1	9	6	8	2	5	7	4	3
9	2	7	5	1	6	4	3	8
6	3	1	2	4	8	5	7	9
5	4	8	7	3	9	1	2	6

2 Great Services. 1 Low Price.

comwave® Bundle

✓Keep your existing phone number[1] ✓Unlimited local calling
✓Voicemail ✓Caller ID ✓Call waiting ✓Download speed - up to 6 mbps
✓Upload speed - up to 800 kbps ✓Data usage - 75 GB[2]

High-Speed Internet & Home Phone

$49.95/MONTH

+ applicable taxes

Monthly 911 fee of $1.45 not included

ADD Unlimited Data[3] for only $10 more!

TIE DOMI
"NHL Hockey Pro"

6 MONTHS FREE HOME PHONE

When you transfer your number to Comwave, on a 3 year term

+

FREE Installation
FREE Equipment Rental

... over $240 in savings!

CALL TODAY!

1-866-840-2894

comwave®

Find us on & comwave.net

[1]Service not available everywhere. Monthly local loop Access Fee of $5.95 (if needed) is not included. A one-time activation fee of $59.95 applies. Shipping fees applies. [2]A rate of 25 cents per GB will be charged if usage exceeds the plan's monthly data limit.
[3]Unlimited Data Usage is governed by our Fair Usage policy. VoIP 911 has certain limitations. **Details at comwave.net**.

OPEN NEXT WEEK IN NORTH YORK

Your running, biking, camping, skiing, hiking, go-to store for camp coffee makers, warm jackets, stair-proof ski boots, road-ready runners and lots more.

MEC is a co-op, owned by the people who shop here.
A lifetime membership is $5, same since 1971.

Hwy 101

Bayview Ave

Bessemer Rd

Hwy 101

Leslie St

Sheppard Ave East

184 SHEPPARD EAST
FIND US AT

Finch Ave East

Bayview Ave

Finch Ave East

Leslie St